

Waterlog Roger Deakin

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Floating Joe Minihane
2017-04-18 'Lovely, lively,
passionate... a celebration of
nature's ability to inspire healing
and joy' Robert MacFarlane In
the breaststrokes of Roger
Deakin's **Waterlog**, this is the

story of one man's search for
himself across the breadth of
Britain's wild waters. Joe
Minihane became obsessed
with wild swimming and the way
it soothed his anxiety,
developing a new-found passion
by following the example of

naturalist Deakin in his own swimming memoir. While fighting the currents - sometimes treading water Minihane swims to explore, to forget, to find the path back to himself through nature, and in the water under an open sky he finally begins to find his peace. Floating is a remarkable memoir about a love of swimming and a deep appreciation for the British countryside: it captures Minihane's struggle to understand himself, and the healing properties of wild stretches of water. From Hampstead to Yorkshire, Dorset to Jura, the Isles of Scilly to Wales, Minihane uses Waterlog to trace his own path by diving

right in.

The Great Swim Gavin

Mortimer 2009-05-26 The dramatic story of the four courageous female swimmers who captivated the world in the summer of 1926. Despite the tensions of a world still recovering from World War I, during the summer of 1926, the story that enthralled the public revolved around four young American swimmers-Gertrude Ederle, Mille Gade, Lillian Cannon, and Clarabelle Barrett-who battled the weather, each other, and considerable odds to become the first woman to conquer the brutal waters of the English Channel. The popular East Coast tabloids from New

York to Boston engaged in rivalries nearly as competitive as the swimmers themselves; each backed a favorite and made certain their girl-in bathing attire was plastered across their daily editions. Just as Seabiscuit, the little horse with the big heart, would bring the nation to a near standstill when he battled his rival War Admiral in 1938, this quartet of women held the attention of millions of people on both sides of the Atlantic for an entire summer. Gavin Mortimer uses primary sources, diaries, interviews with relatives, and contemporary reports to paint an unforgettable portrait of a competition that changed the way the world

looked at women, both in sport and society. More than an underdog story, *The Great Swim* is a tale of perseverance, strength, and sheer force of will. A portrait of an era that is as evocative as *Cinderella Man*, this is a memorable story of America and Americans in the 1920s.

Signs of Water Robert

Boschman 2022-02-15 Water is more important than ever before. It is increasingly controversial in direct proportion to its scarcity, demand, neglect, and commodification. There is no place on the planet where water is not, or will not be, of critical concern. *Signs of Water* brings together scholars and

experts from five continents in an interdisciplinary exploration of the theoretical approaches, social and political issues, and anthropogenic hazards surrounding water in the twenty-first century. From the kitchen taps of Detroit, Michigan to the water-harvesting infrastructure of Tokyo, from the Upper Xingu Basin of Brazil to the Sunda Deep of the Java Trench, these essays flow through time and place to uncover the many issues surrounding water today. Asking key theoretical questions, exposing threats to vital water systems, and proposing paths forward, *Signs of Water* brims with histories, ontologies, and political

struggles. Bringing together local experiences to tell a global story, it centers water as history, as politics, and as a human right.

Life at Walnut Tree Farm Rufus

Deakin 2019-05-02 The story,

mainly in pictures, but also in

words, of the rebuilding of the

16th-century Suffolk farmhouse

that the environmentalist Roger

Deakin lived in from the early

1970s until his death in 2006.

The Third Thing Ralph Kiggell

2013 "In this book, masterly

woodcuts spread across the

pages to guide us visually

through the many aspects of

that cycle of water described in

words. Layers of translucent

colour suggest the movement of

water across swimmers, human and animal. There are driving shafts of rain, frozen crystals, rivers which support teeming life on boats, clouds heavy with impending downpours. All derive from D.H. Lawrence's wonder at the unknowable third thing that, with an oxygen atom and two of hydrogen, completes the mystery of water ... Ralph Kiggell has chosen a wide sweep of writing as inspiration for his imagery to convey the variety of ways in which water provides life and is life for all on earth"--Old Stile Press website, viewed March 2, 2015.

The Rings of Saturn W. G.

Sebald 2016-11-08 "The book is like a dream you want to last

forever" (Roberta Silman, The New York Times Book Review), now with a gorgeous new cover by the famed designer Peter Mendelsund *The Rings of Saturn*—with its curious archive of photographs—records a walking tour of the eastern coast of England. A few of the things which cross the path and mind of its narrator (who both is and is not Sebald) are lonely eccentrics, Sir Thomas Browne's skull, a matchstick model of the Temple of Jerusalem, recession-hit seaside towns, wooded hills, Joseph Conrad, Rembrandt's "Anatomy Lesson," the natural history of the herring, the

massive bombings of WWII, the
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dowager Empress Tzu Hsi, and the silk industry in Norwich.

W.G. Sebald's *The Emigrants* (New Directions, 1996) was hailed by Susan Sontag as an "astonishing masterpiece perfect while being unlike any book one has ever read." It was "one of the great books of the last few years," noted Michael Ondaatje, who now acclaims *The Rings of Saturn* "an even more inventive work than its predecessor, *The Emigrants*."

Waterlog Roger Deakin 2000
Roger Deakin set out in 1996 to swim through the British Isles. The result a uniquely personal view of an island race and a people with a deep affinity for water. From the sea, from rock

pools, from rivers and streams, tarns, lakes, lochs, ponds, lidos, swimming pools and spas, from fens, dykes, moats, aqueducts, waterfalls, flooded quarries, even canals, Deakin gains a fascinating perspective on modern Britain. Detained by water bailiffs in Winchester, intercepted in the Fowey estuary by coastguards, mistaken for a suicide on Camber sands, confronting the Corryvreckan whirlpool in the Hebrides, he discovers just how much of an outsider the native swimmer is to his landlocked, fully-dressed fellow citizens. Encompassing cultural history, autobiography, travel writing and natural history. *Waterlog* is

a personal journey, a bold assertion of the native swimmer's right to roam, and an unforgettable celebration of the magic of water.

Splash! Howard Means

2020-06-02 Choose a stroke and get paddling through the human history of swimming! From man's first recorded dip into what's now the driest spot on earth to the splashing, sparkling pool party in your backyard, humans have been getting wet for 10,000 years.

And for most of modern history, swimming has caused a ripple that touches us all--the heroes and the ordinary folk; the real and the mythic. Splash! dives into Egypt, winds through

ancient Greece and Rome, flows mostly underground through the Dark and Middle Ages (at least in Europe), and then reemerges in the wake of the Renaissance before taking its final lap at today's Olympic games. Along the way, it kicks away the idea that swimming is just about moving through water, about speed or great feats of aquatic endurance, and shows you how much more it can be. Its history offers a multi-tiered tour through religion, fashion, architecture, sanitation and public health, colonialism, segregation and integration, sexism, sexiness, guts, glory, and much, much more. Unique and compelling, Splash! sweeps

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across the whole of humankind's swimming history--and just like jumping into a pool on a hot summer's day, it has fun along the way.

Taking the Plunge Anna

Deacon 2019-11 The thrill of plunging--or dipping a toe--into open water brings joy, confidence, adventure, and friendship. It can wash away stress and sadness, pain and grief. Here water is a great healer, a place to feel gloriously, elementally alive and in touch with yourself, with others, and with nature. Full of life-affirming personal stories and breath-taking images of scenery and swimmers, this book celebrates the remarkable

wild swimming community. With practical advice on how wild swimming works and how to get started--from what you'll need (a swimsuit and a smile!) to where best to go (rivers, oceans, lochs, lakes . . .)--there's never been a better time to take the plunge.

Humble by Nature Kate Humble

2021-07-01 'You'd have to have a heart of stone not to be touched by Kate's enthusiasm for her new way of life' - Daily Mail In 2007, after 20 years of living in London, Kate Humble and her husband Ludo decided it was time to leave city life behind them. Three years later, now the owner of a Welsh smallholding, Kate hears that a

nearby farm is to be broken up and sold off. Another farm lost; another opportunity for a young farmless farmer gone.

Desperate to stop the sale, Kate contacts the council with an alternative plan - to keep the farm working and to run a rural skills and animal husbandry school alongside it. Against all odds, she succeeds. Here, in *Humble by Nature*, Kate shares with us a highly personal account of her journey from London town house to Welsh farm. Along the way we meet Bertie and Lawrence the donkeys, Myfanwy and Blackberry the pigs and goats Biscuit and Honey, not forgetting a dog called Badger

and his unladylike sidekick Bella. And we are introduced to the tenant farmers Tim and Sarah, the locals who helped and some who didn't, and a whole host of newborn lambs. Full of the warmth and passion for the natural world that makes Kate such a sought after presenter, *Humble By Nature* is the story of two people prepared to follow their hearts and save a small part of Britain's farming heritage, whatever the consequences.

The Wild Places Robert Macfarlane 2008-06-24 From the author of *The Old Ways* and *Underland*, an "eloquent (and compulsively readable)

reminder that, though we're

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laying waste the world, nature still holds sway over much of the earth's surface." --Bill McKibben Winner of the Boardman Tasker Prize for Mountain Literature and a finalist for the Orion Book Award Are there any genuinely wild places left in Britain and Ireland? That is the question that Robert Macfarlane poses to himself as he embarks on a series of breathtaking journeys through some of the archipelago's most remarkable landscapes. He climbs, walks, and swims by day and spends his nights sleeping on cliff-tops and in ancient meadows and wildwoods. With elegance and passion he entwines history,

memory, and landscape in a bewitching evocation of wildness and its vital importance.

Lords of the Fly Monte Burke

2020-09-01 From the

bestselling author of *Saban*, *4th and Goal*, and *Sowbelly* comes the thrilling, untold story of the quest for the world record tarpon on a fly rod—a tale that reveals as much about Man as it does about the fish. In the late 1970s and early 1980s, something unique happened in the quiet little town on the west coast of Florida known as Homosassa. The best fly anglers in the world—Lefty Kreh, Stu Apte, Ted Williams, Tom

Evans, Billy Pate and others—all
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gathered together to chase the same Holy Grail: The world record for the world's most glamorous and sought-after fly rod species, the tarpon. The anglers would meet each morning for breakfast. They would compete out on the water during the day, eat dinner together at night, socialize and party. Some harder than others. The world record fell nearly every year. But records weren't the only things that were broken. Hooks, lines, rods, reels, hearts and marriages didn't survive, either. The egos involved made the atmosphere electric. The difficulty of the quest made it legitimate. The drugs and romantic

entanglements that were swept in with the tide would finally make it all veer out of control. It was a confluence of people and place that had never happened before in the world of fishing and will never happen again. It was a collision of the top anglers and the top species of fish which would lead to smashed lives for nearly all involved, man and fish alike. In *Lords of the Fly*, Burke, an obsessed tarpon fly angler himself, delves into this incredible moment. He examines the growing popularity of the tarpon, an amazing fish has been around for 50 million years, can live to 80 years old and can grow to 300 pounds in

weight. It is a massive, leaping, bullet train of a fish. When hooked in shallow water, it produces “immediate unreality,” as the late poet and tarpon obsessive, Richard Brautigan, once described it. Burke also chronicles the heartbreaking destruction that exists as a result—brought on by greed, environmental degradation and the shenanigans of a notorious Miami gangster—and how all of it has shaped our contemporary fishery. Filled with larger-than-life characters and vivid prose, *Lords of the Fly* is not only a must read for anglers of all stripes, but also for those interested in the desperate yearning of the human

condition.

Waterlog: A Swimmers Journey Through Britain Roger Deakin
2021-05-25 A Mother Jones' Best Book of the Year "A beautiful ode to the act of swimming outdoors. . . . Deakin's insistence on wild swimming for all is really an insistence on a better ecosystem for all." —The Atlantic A masterpiece of nature writing, Roger Deakin's *Waterlog* is a fascinating and inspiring journey into the aquatic world that surrounds us. In an attempt to discover his island nation from a new perspective, Roger Deakin embarks from his home in Suffolk to swim Britain—the

seas, rivers, lakes, ponds, pools, streams, lochs, moats, and quarries. Through the watery capillary network that braids itself throughout the country, Deakin immerses himself in the natural habitats of fish, amphibians, mammals, and birds. And as he navigates towns, private property, and sometimes dangerous waters and inclement weather, Deakin finds himself in precarious situations: he's detained by bailiffs in Winchester, intercepted by the coast guard at the mouth of a river, and mistaken for a dead body on a beach. The result of this surprising journey is a deep dive into modern Britain,

waterlog-roger-deakin

especially its wild places. With enchanting descriptions of natural landscapes, and a deep well of humanity, boundless humor, and unbridled joy, Deakin beckons us to wilder waters and inspires us to connect to the larger world in a most unexpected way. Thrilling, vivid, and lyrical, *Waterlog* is a fully immersive adventure—a remarkable personal quest, a bold assertion of the swimmer's right to roam, and an unforgettable celebration of the magic of water.

Turning Jessica J. Lee

2017-05-02 Longlisted for the 2018 Frank Hegyi Award for Emerging Authors “Jessica J.

Lee is a writer of rare and

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exhilarating grace. In *Turning*, she sounds the depths of lakes and her own life, never flinching from darkness, surfacing to fresh understandings of her place in the welter of natural and human history. A beautiful, moody, bracing debut.” —Kate Harris, award-winning author of *Lands of Lost Borders* Through the heat of summer to the frozen depths of winter, Lee traces her journey swimming through 52 lakes in a single year, swimming through fear and heartbreak to find her place in the world. Jessica J. Lee swims through all four seasons and especially loves the winter. “I long for the ice. The sharp cut of freezing water on my

feet. The immeasurable black of the lake at its coldest.

Swimming then means cold, and pain, and elation.” At the age of twenty-eight, Jessica, who grew up in Canada and lived in England, finds herself in Berlin. Alone. Lonely, with lowered spirits thanks to some family history and a broken heart, she is there, ostensibly, to write a thesis. And though that is what she does daily, what increasingly occupies her is swimming. So she makes a decision that she believes will win her back her confidence and independence: she will swim fifty-two of the lakes around Berlin, no matter what the weather or season. She is

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aware that this particular landscape is not without its own ghosts and history. This is the story of a beautiful obsession: of the thrill of a still, turquoise lake, of cracking the ice before submerging, of floating under blue skies, of tangled weeds and murkiness, of cool, fresh, spring swimming—of facing past fears of near-drowning and of breaking free. When she completes her year of swimming, Jessica finds she has new strength, and she has also found friends and has gained some understanding of how the landscape both haunts and holds us. This book is for everyone who loves swimming, who wishes they could push

themselves beyond caution, who understands the deep pleasure of using the body's strength, who knows what it is to abandon all thought and float home to the surface.

Things We Didn't Talk About

When I Was a Girl: A Memoir

Jeannie Vanasco 2019-10-01 A

New York Times Editors'

Choice and Best Book of the

Year at TIME, Esquire,

Amazon, Kirkus, and Electric

Literature Jeannie Vanasco has

had the same nightmare since

she was a teenager. It is always

about him: one of her closest

high school friends, a boy

named Mark. A boy who raped

her. When her nightmares

worsen, Jeannie decides—after

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fourteen years of silence—to reach out to Mark. He agrees to talk on the record and meet in person. Jeannie details her friendship with Mark before and after the assault, asking the brave and urgent question: Is it possible for a good person to commit a terrible act? Jeannie interviews Mark, exploring how rape has impacted his life as well as her own. Unflinching and courageous, *Things We Didn't Talk About When I Was a Girl* is part memoir, part true crime record, and part testament to the strength of female friendships—a recounting and reckoning that will inspire us to ask harder questions, push towards deeper

understanding, and continue a necessary and long overdue conversation.

Turning Jessica J. Lee

2017-05-16 'The water slips over me like cool silk. The intimacy of touch uninhibited, rising around my legs, over my waist, my breasts, up to my collarbone. When I throw back my head and relax, the lake runs into my ears. The sound of it is a muffled roar, the vibration of the body amplified by water, every sound felt as if in slow motion' Summer swimming . . . but Jessica Lee - Canadian, Chinese and British - swims through all four seasons and especially loves the winter. 'I long for the ice. The sharp cut

of freezing water on my feet. The immeasurable black of the lake at its coldest. Swimming then means cold, and pain, and elation.'At the age of twenty-eight, Jessica Lee, who grew up in Canada and lived in London, finds herself in Berlin. Alone. Lonely, with lowered spirits thanks to some family history and a broken heart, she is there, ostensibly, to write a thesis. And though that is what she does daily, what increasingly occupies her is swimming. So she makes a decision that she believes will win her back her confidence and independence: she will swim fifty-two of the lakes around Berlin, no matter what

the weather or season. She is aware that this particular landscape is not without its own ghosts and history. This is the story of a beautiful obsession: of the thrill of a still, turquoise lake, of cracking the ice before submerging, of floating under blue skies, of tangled weeds and murkiness, of cool, fresh, spring swimming - of facing past fears of near drowning and of breaking free. When she completes her year of swimming Jessica finds she has new strength, and she has also found friends and has gained some understanding of how the landscape both haunts and holds us. This book is for everyone who loves swimming.

who wishes they could push themselves beyond caution, who understands the deep pleasure of using their body's strength, who knows what it is to allow oneself to abandon all thought and float home to the surface.

Floating Joe Minihane

2018-04-05 This is one man's journey, swimming across Britain's countryside and immersing in the sometimes icy waters while coming to terms with something more challenging than the choppy waters of the English Channel. As Joe Minihane comes up for air, he discovers that swimming is both a joyous activity and a voyage into oneself. Minihane

became obsessed with wild swimming and its restorative qualities, developing a new-found passion by following the example of naturalist Roger Deakin in his classic *Waterlog*. While fighting the currents, sometimes treading water, Minihane begins to confront the buried issues in his life. Along the way, he rekindles old friendships and forges new ones, and after an unexpected setback discovers that he has already gained enough strength to continue his recovery on dry land. Both strange and beautiful, the wild water puts him in touch with nature and himself. *Floating* is a remarkable memoir about a

passion for swimming and nature. Moving from darkness into light, it is as intense and moving as it is lyrical and generous. It captures in memorable detail Minihane's struggle to understand his life, to move forward and, steeped in the anti-authoritarian and naturalistic spirit of Deakin, celebrates the joy of taking time to enjoy life. From Hampstead to Yorkshire, and Dorset to Jura, from the Isles of Scilly to Wales, Minihane has written a love letter to wild stretches of water. We swim with him through ponds and lakes, rivers and canals, lodes and marshes, even the ice-cold sea and come out of the water healthier.

Roger Deakins 2021-09
Portraits and landscapes from the cinematographer famed for his work with Sam Mendes and the Coen brothers This is the first monograph by the legendary Oscar-winning cinematographer Sir Roger Deakins (born 1949), best known for his collaborations with directors such as the Coen brothers, Sam Mendes and Denis Villeneuve. It includes previously unpublished black-and-white photographs spanning five decades, from 1971 to the present. After graduating from college Deakins spent a year photographing life in rural North Devon, in Southwest England, on a

commission for the Beaford Arts Centre; these images are gathered here for the first time and attest to a keenly ironic English sensibility, while also documenting a vanished postwar Britain. A second suite of images expresses Deakins' love of the seaside. Traveling for his cinematic work has allowed Deakins to photograph landscapes all over the world; in this third group of images, that same irony remains evident.

Wild Swim Kate Rew

2021-07-15 In this stunning and inspiring guide, Kate Rew, founder of the Outdoor Swimming Society, takes you on a wild journey across Britain, braving the elements to

experience first-hand some of the country's most awe-inspiring swim spots, from tidal pools in the Outer Hebrides to the white-sand beaches of the Isles of Scilly. Waterfalls, natural jacuzzis, sea caves, meandering rivers - every swim is described in loving detail, taking in not only the gleeful humour of each mini-adventure and the breathtaking beauty of the surroundings, but also practical information about how to find these remote spots.

Featuring evocative photography from Dominick Tyler, this is a must-have book for serious swimmers and seaside paddlers alike, and is perfect for the outdoors

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enthusiast in your life.
Swimming Roger Deakin
2017-06-08 Is there anything quite so exhilarating as swimming in wild water? This is a joyful swimming tour of Britain, a frog's-eye view of the country's best bathing holes – the rivers, rock pools, lakes, ponds, lochs and sea that define a watery island.

Charming, funny, inspiring, an assertion of the native swimmer's right to roam, a celebration of the magic of water – this book will indeed make you want to strip off and leap in. Selected from the book

Waterlog by Roger Deakin

VINTAGE MINIS: GREAT

MINDS. BIG IDEAS. LITTLE

BOOKS. A series of short books by the world's greatest writers on the experiences that make us human Also in the Vintage Minis series: **Eating** by Nigella Lawson **Liberty** by Virginia Woolf **Summer** by Laurie Lee **Desire** by Haruki Murakami

Notes from Walnut Tree Farm

Roger Deakin 2008 From the

author of the acclaimed and much-loved **Waterlog** and

Wildwood. For the last six years

of his life, Roger Deakin kept

notebooks in which he wrote his

daily thoughts, impressions,

feelings and observations.

Discursive, personal and often

impassioned, they reveal the

way he saw the world, whether

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it be observing the teeming ecosystem that was Walnut Tree Farm, thinking about the wider environment, walking in his fields or on Mellis Common, or quietly contemplating his past and present life. Notes From Walnut Tree Farm collects the very best of these writings, capturing Roger's extraordinary, restless curiosity into the natural and human worlds, his love of literature and music, his knack for making unusual and apposite connections, and of course his distinct and subversive charm and humour. Together they cohere to present a passionate, engaged and - in spite of the worst pressures of contemporary life - optimistic

view of our changing world.

Landmarks Robert Macfarlane

2015-03-05 SHORTLISTED

FOR THE SAMUEL JOHNSON

PRIZE 2015 SHORTLISTED

FOR THE WAINWRIGHT

PRIZE 2016 Landmarks is

Robert Macfarlane's joyous

meditation on words, landscape

and the relationship between

the two. Words are grained into

our landscapes, and landscapes

are grained into our words.

Landmarks is about the power

of language to shape our sense

of place. It is a field guide to the

literature of nature, and a

glossary containing thousands

of remarkable words used in

England, Scotland, Ireland and

Wales to describe land, nature

and weather. Travelling from Cumbria to the Cairngorms, and exploring the landscapes of Roger Deakin, J. A. Baker, Nan Shepherd and others, Robert Macfarlane shows that language, well used, is a keen way of knowing landscape, and a vital means of coming to love it. Praise for Robert Macfarlane: 'He has a poet's eye and a prose style that will make many a novelist burn with envy' John Banville, Observer "I'll read anything Macfarlane writes" David Mitchell, Independent 'Every movement needs stars. In [Macfarlane] we surely have one, burning brighter with each book.' Telegraph '[Macfarlane] is a godfather of a cultural

moment' Sunday Times
Waterlog Roger Deakin
2011-05-31 Roger Deakin set out in 1996 to swim through the British Isles. The result a uniquely personal view of an island race and a people with a deep affinity for water. From the sea, from rock pools, from rivers and streams, tarns, lakes, lochs, ponds, lidos, swimming pools and spas, from fens, dykes, moats, aqueducts, waterfalls, flooded quarries, even canals, Deakin gains a fascinating perspective on modern Britain. Detained by water bailiffs in Winchester, intercepted in the Fowey estuary by coastguards, mistaken for a suicide on

Camber sands, confronting the Corryvreckan whirlpool in the Hebrides, he discovers just how much of an outsider the native swimmer is to his landlocked, fully-dressed fellow citizens. Encompassing cultural history, autobiography, travel writing and natural history, *Waterlog* is a personal journey, a bold assertion of the native swimmer's right to roam, and an unforgettable celebration of the magic of water.

I Found My Tribe Ruth

Fitzmaurice 2018-03-06 A

transformative, euphoric memoir about finding solace in the unexpected for readers of *H is for Hawk*, *It's Not Yet Dark*, and *When Breath Becomes Air*.

Ruth's tribe are her lively children and her filmmaker and author husband Simon Fitzmaurice who has ALS and can only communicate with his eyes. Ruth's other "tribe" are the friends who gather at the cove in Greystones, Co.

Wicklow, and regularly throw themselves into the freezing cold water, just for kicks. The Tragic Wives' Swimming Club, as they jokingly call themselves, meet to cope with the extreme challenges life puts in their way, not to mention the monster waves rolling over the horizon.

Swimming is just one of the daily coping strategies as Ruth fights to preserve the strong but now silent connection with her

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husband. As she tells the story of their marriage, from diagnosis to their long-standing precarious situation, Ruth also charts her passion for swimming in the wild Irish Sea--culminating in a midnight swim under the full moon on her wedding anniversary. An invocation to all of us to love as hard as we can, and live even harder, *I Found My Tribe* is an urgent and uplifting letter to a husband, family, friends, the natural world, and the brightness of life.

Haunts of the Black Masseur

Charles Sprawson 2012-08-29

In a masterful work of cultural history, Charles Sprawson, himself an obsessional

swimmer and fluent diver, explores the meaning that different cultures have attached to water, and the search for the springs of classical antiquity. In nineteenth-century England bathing was thought to be an instrument of social and moral reform, while in Germany and America swimming came to signify escape. For the Japanese the swimmer became an expression of samurai pride and nationalism. Sprawson gives us fascinating glimpses of the great swimming heroes:

Byron leaping dramatically into

the surf at Shelley's beach

funeral; Rupert Brooke

swimming naked with Virginia

Woolf, the dark water "smelling

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of mint and mud”; Hart Crane swallow-diving to his death in the Bay of Mexico; Edgar Allan Poe’s lone and mysterious river-swims; Leander, Webb, Weissmuller, and a host of others. Informed by the literature of Swinburne, Goethe, Scott Fitzgerald, and Yukio Mishima; the films of Riefenstahl and Vigo; the Hollywood “swimming musicals” of the 1930s; and delving in and out of Olympic history, *Haunts of the Black Masseur* is an enthralling assessment of man—body submerged, self-absorbed. It is quite simply the best celebration of swimming ever written, even as it explores aspects of culture

in a heretofore unimagined way. **Leap In** Alexandra Heminsley 2017-07-04 At once inspiring, hilarious, and honest, the new book from Alexandra Heminsley chronicles her endeavor to tackle a whole new element, and the ensuing challenges and joys of open water swimming. “It’s a meditative act,” they said. But it was far from meditative for Alexandra Heminsley when yet another wave slammed into her face. It was survival. When she laced up her shoes in *Running Like a Girl*, all she had to do to become a runner was to get out there and run. But swimming was something else entirely.

The water was all-consuming.
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confusing her every move,
sabotaging every breath.
Determined, Alexandra would
learn to adapt, find new
strengths, and learn to work
with the water. She does not
want to stand on the beach
looking at the sea any longer.
She wants to leap in. In doing
so she will learn not just how to
accept herself, but how to
accept what lay beyond. Soon,
she will be able to see water,
anywhere in the world and
sense not fear but adventure.
She will dive into water as she
hopes to dive into life. And it
has nothing to do with being
“sporty” or being the correct
shape for a swimsuit. Open
water swimming is currently one

of the fastest growing sports in
the world, and marathon
swimming is the only sport
where men and women do not
race in separate categories.
The water welcomes all who
are willing and prepared to take
part, and as Alexandra shows in
her wondrous and funny book,
not knowing how to do
something is not necessarily a
weakness—strength lies within
the desire to learn. The time is
now to leap in, and revel in
what you thought was beyond
you, discovering that it was only
ever you holding you back.

Wild Awake Vajragupta

2018-02-23 What is it like to be
completely alone, attempting to
face your experience with only

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nature for company? Author
Vajragupta has been doing just
that every year for 25 years.
Here he recounts how solitary
retreats have changed him, how
he fell in love with the places he
stayed in and the creatures
there. He reflects on how the
outer world and his inner world
began to speak more deeply to
each other. Also includes an 'A-
to-Z' guide of how to do your
own solitary retreat.

The Swimmer

The Writer's Notebook Dorothy
Allison 2009 An anthology of
essays collects top-selected
works from Tin House's
Summer Writers Workshops
and offers insight into writing
strategies for a wide range of

disciplines, in an anecdotal
volume that includes pieces by
such names as Jim Shepard,
Aimee Bender, and D. A.
Powell. Original.

Pondlife Al Alvarez 2013-02-14

The ponds of Hampstead Heath
are small oases; fragments of
wild nature nestled in the heart
of north-west London. For the
best part of his life Al Alvarez –
poet, critic, novelist, rock-
climber and poker player – has
swum in them almost daily. An
athlete in his youth, Alvarez,
now in his eighties, chronicles
what it is to grow old with
humour and fierce honesty –
from his relentlessly nagging
ankle which makes daily life a
struggle, to infuriating

bureaucratic battles with the council to keep his disabled person's Blue Badge, the devastating effects of a stroke, and the salvation he finds in the three Ss – Swimming, Sex and Sleep. As Alvarez swims in the ponds he considers how it feels when you begin to miss that person you used to be – to miss yourself. Swimming is his own private form of protest against the onslaught of time; proof to others, and himself, that he's not yet beaten. By turns funny, poetic and indignant, Pondlife is a meditation on love, the importance of life's small pleasures and, above all, a lesson in not going gently in to

that good night.

The Mindful Art of Wild

Swimming Tessa Wardley

2017-09-15 The Mindful Art of

Wild Swimming explores how swimming in rivers, lakes, and seas is the very epitome of conscious living. Zen-seeker

Tessa Wardley reconnects the physical and spiritual cycles of life to the changing seasons and flow of wild waters

worldwide and leads the reader on to a mindful journey through the natural world. With expert

insight and personal anecdote, she shares a sparkling clarity

on why our relationship with open water is so fundamental to

pure wellbeing, and reveals how wild swimming can be the

wild swimming can be the

ultimate Zen meditation.

The Story of Swimming Susie Parr 2011 A new wave of passion has emerged for open water swimming, but it is a British tradition that has deep roots. Susie Parr takes a chronological look at the social history of swimming from the earliest Roman written accounts, stories of Viking invaders, medieval and Elizabethan literature, medicinal seabathing in 18th century and the rise of Georgian and Regency watering holes such as Brighton. She follows the line of literary swimmers from Shelley to Murdoch and charts the boom of the British seaside resort in a fascinating and

hugely enjoyable journey.

Underland: A Deep Time Journey Robert Macfarlane
2019-06-04 National Bestseller

- New York Times “100 Notable Books of the Year” • NPR “Favorite Books of 2019”
- Guardian “100 Best Books of the 21st Century” • Winner of the National Outdoor Book Award

From the best-selling, award-winning author of *Landmarks* and *The Old Ways*, a haunting voyage into the planet’s past and future. Hailed as “the great nature writer of this generation” (Wall Street Journal), Robert Macfarlane is the celebrated author of books about the intersections of the human and the natural realms.

In *Underland*, he delivers his masterpiece: an epic exploration of the Earth's underworlds as they exist in myth, literature, memory, and the land itself. In this highly anticipated sequel to his international bestseller *The Old Ways*, Macfarlane takes us on an extraordinary journey into our relationship with darkness, burial, and what lies beneath the surface of both place and mind. Traveling through "deep time"—the dizzying expanses of geologic time that stretch away from the present—he moves from the birth of the universe to a post-human future, from the prehistoric art of Norwegian sea caves to the blue depths of the

Greenland ice cap, from Bronze Age funeral chambers to the catacomb labyrinth below Paris, and from the underground fungal networks through which trees communicate to a deep-sunk "hiding place" where nuclear waste will be stored for 100,000 years to come. Woven through Macfarlane's own travels are the unforgettable stories of descents into the underland made across history by explorers, artists, cavers, divers, mourners, dreamers, and murderers, all of whom have been drawn for different reasons to seek what Cormac McCarthy calls "the awful darkness within the world."

Global in its geography and

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written with great lyricism and power, *Underland* speaks powerfully to our present moment. Taking a deep-time view of our planet, Macfarlane here asks a vital and unsettling question: "Are we being good ancestors to the future Earth?" *Underland* marks a new turn in Macfarlane's long-term mapping of the relations of landscape and the human heart. From its remarkable opening pages to its deeply moving conclusion, it is a journey into wonder, loss, fear, and hope. At once ancient and urgent, this is a book that will change the way you see the world.

Waterlog Roger Deakin 1999

Inspired by John Cheever's

classic short story, "The Swimmer," Roger Deakin set out from his moat in Suffolk to swim through the British Isles. The result of his journey is a maverick work of observation and imagination. "From the Trade Paperback edition.

The Soft Color of Starvation in

the Morning Henne Lena Van

Campen 2021-08-28 The Soft

Color of Starvation is a

collection of Henne's narrative

love poetry from two lesbian

relationships. She plays with the

perception of reality, guilt and

trust through the hallucinatory

language she is known for.

Having abstracted time with an

alternated seasonal pacing,

time never really feels solid or

fast, although the latter 200 pages were written in only a month. At the time of publication, Henne is engaged to this second love. "along the shoreline I scattered a funeral" At only eighteen, this is Henne's second published book of poems. Select poems from this book have been featured in a number of publications, as have many of her poems from her first book, *Starry Eyes, All Bright from Crying*, released in October of 2020. She has received two Poets & Writers grants for her spoken word poetry, which you often can find her reading all across New York at open mics and as a featured poet at literary events. "stuck

feeling away the midnight air when all the animations breathe in your perfume insanity looks up from her book"

Possum Living Dolly Freed

2010-01-12 In 1978, at the age of eighteen and with a seventh-grade education, Dolly Freed wrote *Possum Living*, chronicling the five years she and her father lived off the land on a half-acre lot outside of Philadelphia.

Journey Through Britain John

Hillaby 1995 First published 1968. John Hillaby recounts his famous walk from Land's End to John O'Groats

Wildwood Roger Deakin

2009-01-06 Here, published for the first time in the United

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States, is the last book by Roger Deakin, famed British nature writer and icon of the environmentalist movement. In Deakin's glorious meditation on wood, the "fifth element" -- as it exists in nature, in our culture, and in our souls -- the reader accompanies Deakin through the woods of Britain, Europe, Kazakhstan, and Australia in search of what lies behind man's profound and enduring connection with trees. Deakin lives in forest shacks, goes "coppicing" in Suffolk, swims beneath the walnut trees of the Haut-Languedoc, and hunts bushplums with Aboriginal women in the outback. Along the way, he ferrets out the

mysteries of woods, detailing the life stories of the timber beams composing his Elizabethan house and searching for the origin of the apple. As the world's forests are whittled away, Deakin's sparkling prose evokes woodlands anarchic with life, rendering each tree as an individual, living being. At once a traveler's tale and a splendid work of natural history, *Wildwood* reveals, amid the world's marvelous diversity, that which is universal in human experience.

Between Earth and Paradise

Mike Tomkies 2021-07-06 After giving up a hectic life as a journalist in Europe and

Hollywood in the late 1960s to return to his boyhood love of nature, Mike Tomkies moved to Eilean Shona, a remote island off the west coast of Scotland. There he rebuilt an abandoned croft house and began a new way of life observing nature. He tracked foxes and stags, made friends with seals and taught an injured sparrow-hawk to hunt for itself. It was the indomitable spirit of this tiny bird that taught Tomkies what it takes for any of us to be truly free. Whether he was fishing, growing his own food or battling through stormy seas in a tiny boat, he learned that he could survive in the harsh environment. This is the astonishing story of daring to

take the first step away from urban routines and embracing a harsh yet immensely rewarding way of life which, in turn, led Tomkies to an even more remote location and inspired an acclaimed series of books on various animals and the challenges and joys of living in remote places.

Swimming Studies Leanne Shapton 2012-07-05 Winner of the 2012 National Book Critics Circle Award, Autobiography Swimming Studies is a brilliantly original, meditative memoir that explores the worlds of competitive and recreational swimming. From her training for the Olympic trials as a teenager to enjoying pools and beaches

around the world as an adult, Leanne Shapton offers a fascinating glimpse into the private, often solitary, realm of swimming. Her spare and elegant writing reveals an intimate narrative of suburban adolescence, spent underwater in a discipline that continues to inspire Shapton's work as an artist and author. Her illustrations throughout the book offer an intuitive perspective on

the landscapes and imagery of the sport. Shapton's emphasis is on the smaller moments of athletic pursuit rather than its triumphs. For the accomplished athlete, aspiring amateur, or habitual practicer, this remarkable work of written and visual sketches propels the reader through a beautifully personal and universally appealing exercise in reflection.