

Waterlog Roger Deakin

Yeah, reviewing a book **Waterlog Roger Deakin** could ensue your close connections listings. This is just one of the solutions for you to be successful. As understood, capability does not recommend that you have extraordinary points.

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Things We Didn't Talk About When I Was a Girl: A Memoir Jeannie Vanasco 2019-10-01 A New York Times Editors' Choice and Best Book of the Year at TIME, Esquire, Amazon, Kirkus, and Electric Literature Jeannie Vanasco has had the same nightmare since she was a teenager. It is always about him: one of her closest high school friends, a boy named Mark. A boy who raped her. When her nightmares worsen, Jeannie decides—after fourteen years of silence—to reach out to Mark. He agrees to talk on the record and meet in person. Jeannie details her friendship with Mark before and after the assault, asking the brave and urgent question: Is it possible for a good person to commit a terrible act? Jeannie interviews Mark, exploring how rape has impacted his life as well as her own. Unflinching and courageous, *Things We Didn't Talk About When I Was a Girl* is part memoir, part true crime record, and part testament to the strength of female friendships—a recounting and reckoning that will inspire us to ask harder questions, push towards deeper understanding, and continue a necessary and long overdue conversation.

Turning Jessica J. Lee 2018-04-05 'The water slips over me like cool silk. The intimacy of touch uninhibited, rising around my legs, over my waist, up to my collarbone. When I throw back my head and relax, the lake runs into my ears. The sound of it is a muffled roar, the vibration of the body amplified by water, every sound felt as if in slow motion . . .' Summer swimming . . . but Jessica Lee - Canadian, Chinese and British - swims through all four seasons and especially loves the winter. 'I long for the ice. The sharp cut of freezing water on my feet. The immeasurable black of the lake at its coldest. Swimming then means cold, and pain, and elation.' At the age of twenty-eight, Jessica Lee, who grew up in Canada and lived in London, finds herself in Berlin. Alone. Lonely, with lowered spirits thanks to some family history and a broken heart, she is there, ostensibly, to write a thesis. And though that is what she does daily, what increasingly occupies her is swimming. So she makes a decision that she believes will win her back her confidence and independence: she will swim fifty-two of the lakes around Berlin, no matter what the weather or season. She is aware that this particular landscape is not without its own ghosts and history. This is the story of a beautiful obsession: of the thrill of a still, turquoise lake, of cracking the ice before submerging, of floating under blue skies, of tangled weeds and murkiness, of cool, fresh, spring swimming - of facing past fears of near drowning and of breaking free. When she completes her year of swimming Jessica finds she has new strength, and she has also found friends and has gained some understanding of how the landscape both haunts and holds us. This book is for everyone who loves swimming, who wishes they could push themselves beyond caution, who understands the deep pleasure of using their body's strength, who knows what it is to allow oneself to abandon all thought and float home to the surface.

Swimming Studies Leanne Shapton 2012-07-05 Winner of the 2012 National Book Critics Circle Award, Autobiography *Swimming Studies* is a brilliantly original, meditative memoir that explores the worlds of competitive and recreational swimming. From her training for the Olympic trials as a teenager to enjoying pools and beaches around the world as an adult, Leanne Shapton offers a fascinating glimpse into the private, often solitary, realm of swimming. Her spare and elegant writing reveals an intimate narrative of suburban adolescence,

spent underwater in a discipline that continues to inspire Shapton's work as an artist and author. Her illustrations throughout the book offer an intuitive perspective on the landscapes and imagery of the sport. Shapton's emphasis is on the smaller moments of athletic pursuit rather than its triumphs. For the accomplished athlete, aspiring amateur, or habitual practicer, this remarkable work of written and visual sketches propels the reader through a beautifully personal and universally appealing exercise in reflection.

Life at Walnut Tree Farm Rufus Deakin 2019-05-02 The story, mainly in pictures, but also in words, of the rebuilding of the 16th-century Suffolk farmhouse that the environmentalist Roger Deakin lived in from the early 1970s until his death in 2006.

At the Pond Margaret Drabble 2019-06 Combining personal reminiscence with reflections on the history of the place over the years and through the seasons, for the first time this collection brings together writers' impressions of the Pond.

The Tail of Emily Windsnap Liz Kessler 2010-05-11 A young girl learns she's half mermaid and plunges into a scheme to reunite with her father in this entrancing, satisfying tale that beckons readers far below the waves. For as long as she can remember, twelve-year-old Emily Windsnap has lived on a boat. And, oddly enough, for just as long, her mother has seemed anxious to keep Emily away from the water. But when Mom finally agrees to let her take swimming lessons, Emily makes a startling discovery — about her own identity, the mysterious father she's never met, and the thrilling possibilities and perils shimmering deep below the water's surface. With a sure sense of suspense and richly imaginative details, first-time author Liz Kessler lures us into a glorious undersea world where mermaids study shipwrecks at school and Neptune rules with an iron trident — an enchanting fantasy about family secrets, loyal friendship, and the convention-defying power of love.

Waterlog Roger Deakin 2000-08-29 'Roger Deakin is the perfect companion for an invigorating armchair swim. Engaging, thoughtful and candid' Telegraph *Waterlog* celebrates the magic of water and the beauty and eccentricity of Britain. In 1996 Roger Deakin, the late, great nature writer, set out to swim through the British Isles. From the sea, from rock pools, from rivers and streams, tarns, lakes, lochs, ponds, lidos, swimming pools and spas, from fens, dykes, moats, aqueducts, waterfalls, flooded quarries, even canals, Deakin gains a fascinating perspective on modern Britain. Detained by water bailiffs in Winchester, intercepted in the Fowey estuary by coastguards, mistaken for a suicide on Camber sands, confronting the Corryvreckan whirlpool in the Hebrides, he discovers just how much of an outsider the native swimmer is to his landlocked, fully-dressed fellow citizens. This is a personal journey, a bold assertion of the native swimmer's right to roam, and an unforgettable celebration of the magic of water.

Underland: A Deep Time Journey Robert Macfarlane 2019-06-04 National Bestseller • New York Times “100 Notable Books of the Year” • NPR “Favorite Books of 2019” • Guardian “100 Best Books of the 21st Century” • Winner of the National Outdoor Book Award From the best-selling, award-winning author of *Landmarks* and *The Old Ways*, a haunting voyage into the planet's past and future. Hailed as "the great nature writer of this generation" (Wall Street Journal), Robert Macfarlane is the celebrated author of books about the intersections of the

human and the natural realms. In *Underland*, he delivers his masterpiece: an epic exploration of the Earth's underworlds as they exist in myth, literature, memory, and the land itself. In this highly anticipated sequel to his international bestseller *The Old Ways*, Macfarlane takes us on an extraordinary journey into our relationship with darkness, burial, and what lies beneath the surface of both place and mind. Traveling through "deep time"—the dizzying expanses of geologic time that stretch away from the present—he moves from the birth of the universe to a post-human future, from the prehistoric art of Norwegian sea caves to the blue depths of the Greenland ice cap, from Bronze Age funeral chambers to the catacomb labyrinth below Paris, and from the underground fungal networks through which trees communicate to a deep-sunk "hiding place" where nuclear waste will be stored for 100,000 years to come. Woven through Macfarlane's own travels are the unforgettable stories of descents into the underland made across history by explorers, artists, cavers, divers, mourners, dreamers, and murderers, all of whom have been drawn for different reasons to seek what Cormac McCarthy calls "the awful darkness within the world." Global in its geography and written with great lyricism and power, *Underland* speaks powerfully to our present moment. Taking a deep-time view of our planet, Macfarlane here asks a vital and unsettling question: "Are we being good ancestors to the future Earth?" *Underland* marks a new turn in Macfarlane's long-term mapping of the relations of landscape and the human heart. From its remarkable opening pages to its deeply moving conclusion, it is a journey into wonder, loss, fear, and hope. At once ancient and urgent, this is a book that will change the way you see the world.

I Found My Tribe Ruth Fitzmaurice 2018-03-06 A transformative, euphoric memoir about finding solace in the unexpected for readers of *H is for Hawk*, *It's Not Yet Dark*, and *When Breath Becomes Air*. Ruth's tribe are her lively children and her filmmaker and author husband Simon Fitzmaurice who has ALS and can only communicate with his eyes. Ruth's other "tribe" are the friends who gather at the cove in Greystones, Co. Wicklow, and regularly throw themselves into the freezing cold water, just for kicks. The Tragic Wives' Swimming Club, as they jokingly call themselves, meet to cope with the extreme challenges life puts in their way, not to mention the monster waves rolling over the horizon. Swimming is just one of the daily coping strategies as Ruth fights to preserve the strong but now silent connection with her husband. As she tells the story of their marriage, from diagnosis to their long-standing precarious situation, Ruth also charts her passion for swimming in the wild Irish Sea--culminating in a midnight swim under the full moon on her wedding anniversary. An invocation to all of us to love as hard as we can, and live even harder, *I Found My Tribe* is an urgent and uplifting letter to a husband, family, friends, the natural world, and the brightness of life.

Landmarks Robert Macfarlane 2015-03-05 SHORTLISTED FOR THE SAMUEL JOHNSON PRIZE 2015 SHORTLISTED FOR THE WAINWRIGHT PRIZE 2016 *Landmarks* is Robert Macfarlane's joyous meditation on words, landscape and the relationship between the two. Words are grained into our landscapes, and landscapes are grained into our words. *Landmarks* is about the power of language to shape our sense of place. It is a field guide to the literature of nature, and a glossary containing thousands of remarkable words used in England, Scotland, Ireland and Wales to describe land, nature and weather. Travelling from Cumbria to the Cairngorms, and exploring the landscapes of Roger Deakin, J. A. Baker, Nan Shepherd and others, Robert Macfarlane shows that language, well used, is a keen way of knowing landscape, and a vital means of coming to love it. Praise for Robert Macfarlane: 'He has a poet's eye and a prose style that will make many a novelist burn with envy' John Banville, *Observer* "I'll read anything Macfarlane writes" David Mitchell, *Independent* 'Every movement needs stars. In [Macfarlane] we surely have one, burning brighter with each book.' *Telegraph* '[Macfarlane] is a godfather of a cultural moment' *Sunday Times*

The Forever Swim Antonio Argüelles 2020-04-21 Plunge into the water, accompany Antonio Argüelles on his Oceans Seven adventure, and, along the way, find out how to achieve your own dreams and goals. On August 3,

2017, Antonio Argüelles swam 35 kilometers from Northern Ireland to Scotland. When he arrived on the Scottish shore after a swim of nearly 14 hours through hypothermic currents wearing only a speedo, cap, and goggles, he became just the seventh person ever to conquer the Oceans Seven, an aquatic achievement on par with the Seven Summits. His feat made international news, in part because at 58 years old, he became the oldest athlete ever to complete the challenge. Despite all warnings and his own self-doubt, he endured stormy seas, 24-hour swims, venomous jellyfish blooms, and a host of other hazards to accomplish his dream. But no goal seized is an isolated incident, and Antonio's story is no exception. *The Forever Swim* is not only a tale of success; it is also the tale of how a hyperactive overweight boy would discover swimming, chase an Olympic dream, attend Stanford, and wade into the tangled web of Mexican politics. This is a story of risk, fear, confidence, failure, and loss. It shows how the ability to adapt, focus, and manage the mind enabled Antonio to overcome each setback that sought to take him down in and out of the water. *The Forever Swim* illuminates key strategies anyone can utilize to pursue their own goals and reminds us that no dream, however bold, is ever out of reach, as long as we are willing to chase it down with relentless discipline and joy.

The Third Thing Ralph Kiggell 2013 "In this book, masterly woodcuts spread across the pages to guide us visually through the many aspects of that cycle of water described in words. Layers of translucent colour suggest the movement of water across swimmers, human and animal. There are driving shafts of rain, frozen crystals, rivers which support teeming life on boats, clouds heavy with impending downpours. All derive from D.H. Lawrence's wonder at the unknowable third thing that, with an oxygen atom and two of hydrogen, completes the mystery of water ... Ralph Kiggell has chosen a wide sweep of writing as inspiration for his imagery to convey the variety of ways in which water provides life and is life for all on earth"--Old Stile Press website, viewed March 2, 2015.

The Wild Places Robert Macfarlane 2008-06-24 From the author of *The Old Ways* and *Underland*, an "eloquent (and compulsively readable) reminder that, though we're laying waste the world, nature still holds sway over much of the earth's surface." --Bill McKibben Winner of the Boardman Tasker Prize for Mountain Literature and a finalist for the Orion Book Award Are there any genuinely wild places left in Britain and Ireland? That is the question that Robert Macfarlane poses to himself as he embarks on a series of breathtaking journeys through some of the archipelago's most remarkable landscapes. He climbs, walks, and swims by day and spends his nights sleeping on cliff-tops and in ancient meadows and wildwoods. With elegance and passion he entwines history, memory, and landscape in a bewitching evocation of wildness and its vital importance.

Silt Road Charles Rangeley-Wilson 2013-04-04 At the foot of a chalk hill a stream rises in a silent copse, and is soon lost under the car parks and streets of the town its waters once gave life to. Captivated by the fate of this forgotten stream Charles Rangeley-Wilson sets out one winter's day to uncover its story. Distilled into the timeless passage of the river's flow, buried under the pavements that cover meadow, marsh and hill he finds dreamers and visionaries, a chronicle of paradises lost or never found, men who shaped the land and its history.

Walking with Trees Glennie Kindred 2019-06-21 In *Walking with Trees*, Glennie Kindred takes us on an intimate and profoundly connecting walk with thirteen of our native trees. She leads us into their worlds and opens our hearts to their wonders, their qualities and their potential to heal. This is a book about relationships and inter-relationships: our relationship with the trees, their relationships with each other and with the natural world around them, and the flow of our communal relationship, past and present, which affects us all as the web of life on Earth. Glennie's passion for trees is infectious, and inspires us to look more closely, listen more intently and walk with trees more often. She shares her stories and encounters with trees and weaves together many ways to deepen our engagement with them, from growing them, harvesting and using them for medicine, food, and craftwork. She also encourages us to find our way into a more subtle and intuitive relationship with the trees, as part of our journey to heal our fractured relationship with the Earth. As with all of Glennie's books, the seasonal

cycles and the Earth festivals are interwoven and provide further ways to deepen our journey with trees. This is a book about possibilities, for those who care for our environment. This is a book that reminds you of what you might have missed or forgotten, and reminds you of your power. This is a book of our time, where we recognise our deep interconnectivity with the trees, with all of life and with the Earth herself. It inspires us to open our arms and hearts wide, and joyfully embrace the changes. Illustrated with the author's exquisite pencil drawings.

The Rings of Saturn W. G. Sebald 2016-11-08 "The book is like a dream you want to last forever" (Roberta Silman, The New York Times Book Review), now with a gorgeous new cover by the famed designer Peter Mendelsund

The Rings of Saturn—with its curious archive of photographs—records a walking tour of the eastern coast of England. A few of the things which cross the path and mind of its narrator (who both is and is not Sebald) are lonely eccentrics, Sir Thomas Browne's skull, a matchstick model of the Temple of Jerusalem, recession-hit seaside towns, wooded hills, Joseph Conrad, Rembrandt's "Anatomy Lesson," the natural history of the herring, the massive bombings of WWII, the dowager Empress Tzu Hsi, and the silk industry in Norwich. W.G. Sebald's *The Emigrants* (New Directions, 1996) was hailed by Susan Sontag as an "astonishing masterpiece perfect while being unlike any book one has ever read." It was "one of the great books of the last few years," noted Michael Ondaatje, who now acclaims *The Rings of Saturn* "an even more inventive work than its predecessor, *The Emigrants*."

Leap In Alexandra Heminsley 2017-07-04 At once inspiring, hilarious, and honest, the new book from Alexandra Heminsley chronicles her endeavor to tackle a whole new element, and the ensuing challenges and joys of open water swimming. "It's a meditative act," they said. But it was far from meditative for Alexandra Heminsley when yet another wave slammed into her face. It was survival. When she laced up her shoes in *Running Like a Girl*, all she had to do to become a runner was to get out there and run. But swimming was something else entirely. The water was all-consuming, confusing her every move, sabotaging every breath. Determined, Alexandra would learn to adapt, find new strengths, and learn to work with the water. She does not want to stand on the beach looking at the sea any longer. She wants to leap in. In doing so she will learn not just how to accept herself, but how to accept what lay beyond. Soon, she will be able to see water, anywhere in the world and sense not fear but adventure. She will dive into water as she hopes to dive into life. And it has nothing to do with being "sporty" or being the correct shape for a swimsuit. Open water swimming is currently one of the fastest growing sports in the world, and marathon swimming is the only sport where men and women do not race in separate categories. The water welcomes all who are willing and prepared to take part, and as Alexandra shows in her wondrous and funny book, not knowing how to do something is not necessarily a weakness—strength lies within the desire to learn. The time is now to leap in, and revel in what you thought was beyond you, discovering that it was only ever you holding you back.

Possum Living: How to Live Well without a Job and With (Almost) No Money Dolly Freed 2019-02-26 After being out of print for decades, *Possum Living: How to Live Well Without a Job and (Almost) No Money* is being reissued with an afterword by an older and wiser Dolly Freed. In the late seventies, at the age of eighteen and with a seventh-grade education, Dolly Freed wrote *Possum Living* about the five years she and her father lived off the land on a half-acre lot outside of Philadelphia. At the time of its publication in 1978, *Possum Living* became an instant classic, known for its plucky narration and no-nonsense practical advice on how to quit the rat race and live frugally. In her delightful, straightforward, and irreverent style, Freed guides readers on how to buy and maintain a home, dress well, cope with the law, stay healthy, save money, and be lazy, proud, miserly, and honest, all while enjoying leisure and keeping up a middle-class façade. Thirty years later, Freed's philosophy is world-renowned and *Possum Living* remains as fascinating, inspirational, and pertinent as it was upon its original publication. This updated edition includes new reflections, insights, and life lessons from an older and wiser Dolly Freed, whose knowledge of how to live like a possum has given her financial security and the confidence to try

new ventures.

Journey Through Britain John Hillaby 1995 First published 1968. John Hillaby recounts his famous walk from Land's End to John O'Groats

Floating Joe Minihane 2017-06-20 The British journalist explores self-healing in wild waters across the UK—from Yorkshire to Jura and Wales—in this "genuine and refreshing nature memoir" (Kirkus Reviews). Following the example of naturalist Roger Deakin in his classic memoir *Waterlog*, journalist Joe Minihane becomes obsessed with wild swimming and its restorative qualities. Putting one arm over the other, sometimes resting on his back, he begins to confront his personal demons while rekindling old friendships and forging new ones. Through Minihane's thoughtful description, the act of swimming becomes both strange and beautiful as the wild water puts him in touch with nature and himself. From Hampstead to Yorkshire, from Dorset to Jura, from the Isles of Scilly to Wales, *Floating* is a love letter to different wild stretches of water. But it also captures Minihane's struggle to understand his life and move forward. Steeped in the anti-authoritarian and naturalistic spirit of Roger Deakin, Minihane celebrates the joy of taking time out to feel better.

Waterlog Roger Deakin 2000-08-29 Inspired by John Cheever's classic short story, "The Swimmer," Roger Deakin set out from his moat in Suffolk to swim through the British Isles. The result of his journey is a maverick work of observation and imagination.

Turning Jessica J. Lee 2017-05-16 'The water slips over me like cool silk. The intimacy of touch uninhibited, rising around my legs, over my waist, my breasts, up to my collarbone. When I throw back my head and relax, the lake runs into my ears. The sound of it is a muffled roar, the vibration of the body amplified by water, every sound felt as if in slow motion . . .' Summer swimming . . . but Jessica Lee - Canadian, Chinese and British - swims through all four seasons and especially loves the winter. 'I long for the ice. The sharp cut of freezing water on my feet. The immeasurable black of the lake at its coldest. Swimming then means cold, and pain, and elation.' At the age of twenty-eight, Jessica Lee, who grew up in Canada and lived in London, finds herself in Berlin. Alone. Lonely, with lowered spirits thanks to some family history and a broken heart, she is there, ostensibly, to write a thesis. And though that is what she does daily, what increasingly occupies her is swimming. So she makes a decision that she believes will win her back her confidence and independence: she will swim fifty-two of the lakes around Berlin, no matter what the weather or season. She is aware that this particular landscape is not without its own ghosts and history. This is the story of a beautiful obsession: of the thrill of a still, turquoise lake, of cracking the ice before submerging, of floating under blue skies, of tangled weeds and murkiness, of cool, fresh, spring swimming - of facing past fears of near drowning and of breaking free. When she completes her year of swimming Jessica finds she has new strength, and she has also found friends and has gained some understanding of how the landscape both haunts and holds us. This book is for everyone who loves swimming, who wishes they could push themselves beyond caution, who understands the deep pleasure of using their body's strength, who knows what it is to allow oneself to abandon all thought and float home to the surface.

Swimming to Antarctica Lynne Cox 2009-09-09 NATIONAL BESTSELLER • In this extraordinary book, the world's most extraordinary distance swimmer writes about her emotional and spiritual need to swim and about the almost mystical act of swimming itself. Lynne Cox trained hard from age nine, working with an Olympic coach, swimming five to twelve miles each day in the Pacific. At age eleven, she swam even when hail made the water "like cold tapioca pudding" and was told she would one day swim the English Channel. Four years later—not yet out of high school—she broke the men's and women's world records for the Channel swim. In 1987, she swam the Bering Strait from America to the Soviet Union—a feat that, according to Gorbachev, helped diminish tensions between Russia and the United States. Lynne Cox's relationship with the water is almost mystical: she describes swimming as flying, and remembers swimming at night through flocks of flying fish the size of mockingbirds,

remembers being escorted by a pod of dolphins that came to her off New Zealand. She has a photographic memory of her swims. She tells us how she conceived of, planned, and trained for each, and re-creates for us the experience of swimming (almost) unswimmable bodies of water, including her most recent astonishing one-mile swim to Antarctica in thirty-two-degree water without a wet suit. She tells us how, through training and by taking advantage of her naturally plump physique, she is able to create more heat in the water than she loses. Lynne Cox has swum the Mediterranean, the three-mile Strait of Messina, under the ancient bridges of Kunning Lake, below the old summer palace of the emperor of China in Beijing. Breaking records no longer interests her. She writes about the ways in which these swims instead became vehicles for personal goals, how she sees herself as the lone swimmer among the waves, pitting her courage against the odds, drawn to dangerous places and treacherous waters that, since ancient times, have challenged sailors in ships.

The Art of Resilience: Strategies for an Unbreakable Mind and Body Ross Edgley 2020-05-28 'Incredible individual, incredible book, incredible story.' CHRIS HEMSWORTH 'A hero who is as humble as he is resilient... testament to a "never give up" spirit!' BEAR GRYLLS 'From reading this book, the message that comes shining through is this: you can achieve anything.' ANT MIDDLETON

Wildwood Roger Deakin 2009-01-06 Here, published for the first time in the United States, is the last book by Roger Deakin, famed British nature writer and icon of the environmentalist movement. In Deakin's glorious meditation on wood, the "fifth element" -- as it exists in nature, in our culture, and in our souls -- the reader accompanies Deakin through the woods of Britain, Europe, Kazakhstan, and Australia in search of what lies behind man's profound and enduring connection with trees. Deakin lives in forest shacks, goes "coppicing" in Suffolk, swims beneath the walnut trees of the Haut-Languedoc, and hunts bushplums with Aboriginal women in the outback. Along the way, he ferrets out the mysteries of woods, detailing the life stories of the timber beams composing his Elizabethan house and searching for the origin of the apple. As the world's forests are whittled away, Deakin's sparkling prose evokes woodlands anarchic with life, rendering each tree as an individual, living being. At once a traveler's tale and a splendid work of natural history, *Wildwood* reveals, amid the world's marvelous diversity, that which is universal in human experience.

The Great Swim Gavin Mortimer 2009-05-26 The dramatic story of the four courageous female swimmers who captivated the world in the summer of 1926. Despite the tensions of a world still recovering from World War I, during the summer of 1926, the story that enthralled the public revolved around four young American swimmers-Gertrude Ederle, Mille Gade, Lillian Cannon, and Clarabelle Barrett-who battled the weather, each other, and considerable odds to become the first woman to conquer the brutal waters of the English Channel. The popular East Coast tabloids from New York to Boston engaged in rivalries nearly as competitive as the swimmers themselves; each backed a favorite and made certain their girl-in bathing attire-was plastered across their daily editions. Just as Seabiscuit, the little horse with the big heart, would bring the nation to a near standstill when he battled his rival War Admiral in 1938, this quartet of women held the attention of millions of people on both sides of the Atlantic for an entire summer. Gavin Mortimer uses primary sources, diaries, interviews with relatives, and contemporary reports to paint an unforgettable portrait of a competition that changed the way the world looked at women, both in sport and society. More than an underdog story, *The Great Swim* is a tale of perseverance, strength, and sheer force of will. A portrait of an era that is as evocative as *Cinderella Man*, this is a memorable story of America and Americans in the 1920s.

Between Earth and Paradise Mike Tomkies 2021-05-06 After giving up a hectic life as a journalist in Europe and Hollywood in the late 1960s to return to his boyhood love of nature, Mike Tomkies moved to Eilean Shona, a remote island off the west coast of Scotland. There he rebuilt an abandoned croft house and began a new way of life observing nature. He tracked foxes and stags, made friends with seals and taught an injured sparrow-hawk to hunt

for itself. It was the indomitable spirit of this tiny bird that taught Tomkies what it takes for any of us to be truly free. Whether he was fishing, growing his own food or battling through stormy seas in a tiny boat, he learned that he could survive in the harsh environment. This is the astonishing story of daring to take the first step away from urban routines and embracing a harsh yet immensely rewarding way of life which, in turn, led Tomkies to an even more remote location and inspired an acclaimed series of books on various animals and the challenges and joys of living in remote places.

Notes from Walnut Tree Farm Roger Deakin 2008 From the author of the acclaimed and much-loved *Waterlog* and *Wildwood*. For the last six years of his life, Roger Deakin kept notebooks in which he wrote his daily thoughts, impressions, feelings and observations. Discursive, personal and often impassioned, they reveal the way he saw the world, whether it be observing the teeming ecosystem that was Walnut Tree Farm, thinking about the wider environment, walking in his fields or on Mellis Common, or quietly contemplating his past and present life. *Notes from Walnut Tree Farm* collects the very best of these writings, capturing Roger's extraordinary, restless curiosity into the natural and human worlds, his love of literature and music, his knack for making unusual and apposite connections, and of course his distinct and subversive charm and humour. Together they cohere to present a passionate, engaged and - in spite of the worst pressures of contemporary life - optimistic view of our changing world.

Taking the Plunge Anna Deacon 2019-11 The thrill of plunging--or dipping a toe--into open water brings joy, confidence, adventure, and friendship. It can wash away stress and sadness, pain and grief. Here water is a great healer, a place to feel gloriously, elementally alive and in touch with yourself, with others, and with nature. Full of life-affirming personal stories and breath-taking images of scenery and swimmers, this book celebrates the remarkable wild swimming community. With practical advice on how wild swimming works and how to get started--from what you'll need (a swimsuit and a smile!) to where best to go (rivers, oceans, lochs, lakes . . .)--there's never been a better time to take the plunge.

Swimming Roger Deakin 2017-06-08 Is there anything quite so exhilarating as swimming in wild water? This is a joyful swimming tour of Britain, a frog's-eye view of the country's best bathing holes -- the rivers, rock pools, lakes, ponds, lochs and sea that define a watery island. Charming, funny, inspiring, an assertion of the native swimmer's right to roam, a celebration of the magic of water -- this book will indeed make you want to strip off and leap in. Selected from the book *Waterlog* by Roger Deakin VINTAGE MINIS: GREAT MINDS. BIG IDEAS. LITTLE BOOKS. A series of short books by the world's greatest writers on the experiences that make us human Also in the Vintage Minis series: *Eating* by Nigella Lawson *Liberty* by Virginia Woolf *Summer* by Laurie Lee *Desire* by Haruki Murakami

Pondlife Al Alvarez 2013-02-14 The ponds of Hampstead Heath are small oases; fragments of wild nature nestled in the heart of north-west London. For the best part of his life Al Alvarez -- poet, critic, novelist, rock-climber and poker player -- has swum in them almost daily. An athlete in his youth, Alvarez, now in his eighties, chronicles what it is to grow old with humour and fierce honesty -- from his relentlessly nagging ankle which makes daily life a struggle, to infuriating bureaucratic battles with the council to keep his disabled person's Blue Badge, the devastating effects of a stroke, and the salvation he finds in the three Ss -- Swimming, Sex and Sleep. As Alvarez swims in the ponds he considers how it feels when you begin to miss that person you used to be -- to miss yourself. Swimming is his own private form of protest against the onslaught of time; proof to others, and himself, that he's not yet beaten. By turns funny, poetic and indignant, *Pondlife* is a meditation on love, the importance of life's small pleasures and, above all, a lesson in not going gently in to that good night.

The Mindful Art of Wild Swimming Tessa Wardley 2017-09-15 "Tessa Wardley is a keen and knowledgeable guide" - Times Literary Supplement *The Mindful Art of Wild Swimming* explores how swimming in rivers,

lakes, and seas is the very epitome of conscious living. Zen-seeker Tessa Wardley reconnects the physical and spiritual cycles of life to the changing seasons and flow of wild waters worldwide and leads the reader on to a mindful journey through the natural world. With expert insight and personal anecdote, she shares a sparkling clarity on why our relationship with open water is so fundamental to pure wellbeing, and reveals how wild swimming can be the ultimate Zen meditation.

The Story of Swimming Susie Parr 2011 A new wave of passion has emerged for open water swimming, but it is a British tradition that has deep roots. Susie Parr takes a chronological look at the social history of swimming from the earliest Roman written accounts, stories of Viking invaders, medieval and Elizabethan literature, medicinal seabathing in 18th century and the rise of Georgian and Regency watering holes such as Brighton. She follows the line of literary swimmers from Shelley to Murdoch and charts the boom of the British seaside resort in a fascinating and hugely enjoyable journey.

Waterlog Roger Deakin 2011-05-31 Roger Deakin set out in 1996 to swim through the British Isles. The result a uniquely personal view of an island race and a people with a deep affinity for water. From the sea, from rock pools, from rivers and streams, tarns, lakes, lochs, ponds, lidos, swimming pools and spas, from fens, dykes, moats, aqueducts, waterfalls, flooded quarries, even canals, Deakin gains a fascinating perspective on modern Britain. Detained by water bailiffs in Winchester, intercepted in the Fowey estuary by coastguards, mistaken for a suicide on Camber sands, confronting the Corryvreckan whirlpool in the Hebrides, he discovers just how much of an outsider the native swimmer is to his landlocked, fully-dressed fellow citizens. Encompassing cultural history, autobiography, travel writing and natural history, Waterlog is a personal journey, a bold assertion of the native swimmer's right to roam, and an unforgettable celebration of the magic of water.

Wild Swim Kate Rew 2021-07-15 In this stunning and inspiring guide, Kate Rew, founder of the Outdoor Swimming Society, takes you on a wild journey across Britain, braving the elements to experience first-hand some of the country's most awe-inspiring swim spots, from tidal pools in the Outer Hebrides to the white-sand beaches of the Isles of Scilly. Waterfalls, natural jacuzzis, sea caves, meandering rivers - every swim is described in loving detail, taking in not only the gleeful humour of each mini-adventure and the breathtaking beauty of the surroundings, but also practical information about how to find these remote spots. Featuring evocative photography

Wild Awake

from Dominick Tyler, this is a must-have book for serious swimmers and seaside paddlers alike, and is perfect for the outdoors enthusiast in your life.

Vajragupta 2018-02-23 What is it like to be completely alone, attempting to face your experience with only nature for company? Author Vajragupta has been doing just that every year for 25 years. Here he recounts how solitary retreats have changed him, how he fell in love with the places he stayed in and the creatures there. He reflects on how the outer world and his inner world began to speak more deeply to each other. **Waterlog** includes an 'A-to-Z' guide of how to do your own solitary retreat.

The Lido Guide Janet Wilkinson 2019-06-13 You say Lee-doh, We say Ly-doh From beautiful Art Deco lidos to humble, fiercely loved community pools, this is the definitive photographic guide to around 130 lidos in the UK and Channel Islands. Collected together for the first time, each entry details what makes the pool unique and what swimming there is like, as well as providing information about refreshments, accessibility and much more. This guide is organised geographically and includes information on how to find the lidos, it also suggests other nearby pools so you can plan your own lido road trips.

The Swimmer

Haunts of the Black Masseur Charles Sprawson 2009-10-06 A new re-issue of the cult swimming classic, a beautiful read filled with detailed description and powerful prose. WITH A NEW INTRODUCTION BY AMY LIPTRON 'A luminously romantic history of swimming' Guardian Haunts of the Black Masseur is a dazzling introduction to the great swimming heroes, from Byron leaping into the surf at Shelley's funeral to Hart Crane diving to his death in the Bay of Mexico. Bursting with anecdotes, Charles Sprawson leads us into a watery world populated by lithe demi-gods – a world that has obsessed humans from the ancient Greeks and Romans, to Yeats, Woolf, Fitzgerald and Hockney. Original, enticing and dripping with references to literature, film, art and Olympic history, this cult swimming classic pays sparkling tribute to water and the cultural meanings we attach to it. 'This splendid and wholly original book is as zestful as a plunge in champagne' Iris Murdoch

Roger Deakin 1999 Inspired by John Cheever's classic short story, "The Swimmer," Roger Deakin set out from his moat in Suffolk to swim through the British Isles. The result of his journey is a maverick work of observation and imagination. "From the Trade Paperback edition.