Your colleague told you that she needs some support with her writing. She is working on a personal narrative about her experiences with grief and the transformative power of faith. She is finding it challenging to express her emotions in a way that feels authentic and heartfelt. She asks you for some tips on how to write about difficult topics in a way that is true to oneself and connects with others.

You tell her that it's important to be honest and vulnerable in her writing. It's okay to feel raw and exposed, as long as she is using the right words to communicate her feelings. You suggest that she might consider using imagery or metaphor to help convey her thoughts in a more concrete way. You also remind her that it's okay to take breaks and come back to her writing when she feels more ready.

She thanks you for your advice and says that she will try to approach her writing with more openness and honesty. You encourage her to keep writing and to trust the process. You let her know that you are here to support her in any way you can.
itself, to a new life as a happily married man. Original.