The Enlightened Heart

Stephen Mitchell

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The The Enlightened Heart Stephen Mitchell 2006-01-25 From the world's greatest religious and literary traditions--the perfect companion to Mitchell's bestselling The Enlightened Heart. From the Buddha to Plato, from Shakespeare to Lao-tzu, from the founder of the Sufi path to the founder of Zen, from Shaker insight to Sufi spirituality, from the ancient sages to the modern masters, Stephen Mitchell has spent a lifetime gathering and sharing the bones of poetry that inspire. In this beautiful, profound book, he presents a profound, lighthearted work of love and wisdom that will encourage you to question your own wisdom, become the person we were born to be. This is the book you need to read after your death.

The The Enlightened Heart Stephen Mitchell 1997-08-02 A new volume of poems by the award-winning author of

The The Enlightened Heart Stephen Mitchell 1998-02-01 This set of simple techniques, including meditation, breathing exercises, open space, and many others, is designed to help people use their own power to heal. * We will always have a relationship with the people we love that have died. * We were not born to get rid of our pain; we were born to heal.

The The Enlightened Heart Stephen Mitchell 2007-10-01 In this powerful book of quotations, Mitchell illuminates core principles into powerful tools.

The The Enlightened Heart Stephen Mitchell 1992-06-26 The Book of Job is nothing less than a software update for contemporary thinking. Mitchell's translation of this ancient text is a profound and timely work that demonstrates how the ancient wisdom embodied in the Bible can be a vital force in our own time. The Second Book of the 2002 Sa...
The Gospel According to Jesus
Stephanie Mitchell 1993-02-19 A daring presentation of the life and teachings of Jesus by the eminent scholar and translator Stephen Mitchell. Loving What Is Byron Katie 2003-03-07 Out of nowhere, like a cool breeze in a marketplace crowded with at least a million people, an unknown woman showed up. She called what she was doing "Loving What Is," and the people became depressed, and over a ten-year period sank further into rage, despair, and thoughts of suicide. Then one morning, she woke up in a state of absolute joy. Filled with the realization of how her own suffering had ended, she simply asked, "What's new here?" Byron Katie's worldwide phenomenon has helped millions of people find the same freedom through The Work. The Work is simply four questions that, when applied to a specific problem, enable you to see what is troubling you in an entirely different light. As Katie says, "It's not the problem that causes our suffering; it's our thinking about the problem that causes our suffering." By stepping into the minds of those who suffered, Byron Katie has helped millions of people move beyond their pain to live lives of joy. The Way of Forgiveness Michael J.Cooper 1999-08-01 A Book of Psalms Stephen Mitchell 2009-10-13 From the author of The Gospel According to Jesus comes a new adaptation of the psalms. Leading biblical scholar and translator Stephen Mitchell translates fifty of the most powerful and popular bible psalms to create a poetic recreation of the ancient Hebrew psalms.

A Thousand Names for Joy Byron Katie 2007-02-06 In her first two books, Byron Katie showed how suffering can be ended by questioning the stressful thoughts that create it, through a process of self-inquiry she calls The Work. Now, in A Thousand Names for Joy, she encourages us to discover the freedom that lives on the other side of inquiry. Stephen Mitchell—the renowned translator of the Tao Te Ching—selected provocative excerpts from that ancient text as a stimulus for Katie to talk about the most essential issues that face us all: life and death, good and evil, love, work, and fulfillment. The result is a book that allows the timeless insights of the Tao Te Ching to resound anew for us today, using a vivid and illuminating glimpse into the life of someone for whom we are not "woken up to reality" one mornning in 1966—has been living what Lao-tzu wrote more than 2,500 years ago: Katie's profound, lighthearted wisdom is not theoretical; it is absolutely authentic. That is what makes this book so compelling. It's a portrait of a woman who is impossibly real, whether she is dancing with her infant granddaughter or finding the right words to explain to a cancer patient that his well-being is the only one that matters. The Way of Forgiveness Michael J. Cooper 1999-08-01 A Book of Psalms Stephen Mitchell 2009-10-13 From the author of The Gospel According to Jesus comes a new adaptation of the psalms. Leading biblical scholar and translator Stephen Mitchell translates fifty of the most powerful and popular bible psalms to create a poetic recreation of the ancient Hebrew psalms.

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The Enlightened Mind Stephen Mitchell 1993-04-16 A magnificent compilation of sacred writings from all traditions and the perfect companion to Stephen Mitchell's poetry collection, The Enlightened Heart, and the bestselling Tao Te Ching. The First Christmas Stephen Mitchell 2011-11-09 I love the Christmas story. What a charming way Stephen Mitchell has found to tell my favorite story of all, the Nativity, character by character (I love the character of my oldest granddaughter, Mary). Although derived from a variety of countries and cultures, these tales share more clearly than in any others," said W. S. Merwin. "His work is masterful."}

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