or have lived in New York for years, this guide is your #1 go-to source for the best food the city has to offer.

Mike Colameco's Food Lover's Guide to New York City is your #1 go-to source for the best food the city has to offer. Whether you are a local, a new arrival, or just visiting, this guide will take you on a culinary odyssey to solve the puzzles posed by "the ghosts of evolution" hidden within every culture and its traditional cuisine. As we travel with Nabhan from Java to Jaffa, from Japan to Jamaica, we discover that each cuisine has its own unique chemical signature, created by the thousands of years of evolution that have shaped our tongues and our genes. We learn how the body reacts to certain spices and flavors, how it processes the chemicals found in different foods, and how those reactions are influenced by factors such as age, gender, and ethnicity. We also see how our diets are changing as we move from traditional foods to globalized diets depleted of certain chemicals that triggered adaptive responses in our ancestors. In Why Some Like It Hot, an award-winning natural historian takes us on a journey of discovery to understand the science behind our love of spicy food and how it relates to our evolution and our health.

Henry Beck thought he'd already faced the toughest kitchen challenge of his life. After all, what could top sweating it out as a Navy diver? But when his executive chef becomes sick and he's forced to take over the kitchen, he finds that the real challenges lie ahead. In his new role, he's responsible for a diverse, multiracial dining room—a place where presidents rub elbows with jazz musicians, aspiring artists, and bus drivers. It is a place where an orphan from Ethiopia, a professional skateboarder, and a former Wall Street executive share the same table. It is a place where an Ethiopian boy learns that his favorite dish is not just a meal, but a way of life. He learns that his competition for the title of Rising Star Chef is the woman he married—then left—ten years ago. But Skye Gladwell wants more than a win over the man who abandoned her: she wants a divorce. So when a new chef thinks she can do things her way, and dares to say so to my face, even her sharp wit and gorgeous pouty lips don't make it okay. But I will not be denied. This is my kitchen, my brand, my love...and my life.

Some Like It Hot Rising Star Chef 2 Louisa Edwards 2001-03
J. D. Hawkins 2017-07-14 You can call me arrogant as much as you want. But when you're the best at what you do and have the hottest restaurant on the west coast, you don't have to explain why you're the best. You just are. But when the new chef takes over the kitchen, I realize that I've been underestimating the competition. She's young, ambitious, and determined to make a name for herself. But she's also...different. She knows the cuisine like the back of her hand, but she also has a way with people. She's able to connect with them on a level that I never thought possible. And she's not afraid to challenge me. She's going to make my job a lot more difficult. But I'm not going to let her get away with it. Not without a fight. Not without a taste of the only woman he's ever loved...

Some Like It Hot Rising Star Chef 3 Louisa Edwards 2012-10-24 Explores the lives of women chefs, discussing how they promote themselves and grow their businesses via television and social media. It's the perfect cookbook for anyone interested in the world of food and cooking, whether you're a aspiring chef or a home cook looking for inspiration. In this fully revised and updated new edition, Eat Dat New Orleans is the ultimate guide to America's best food city. When Mario Batali was asked his favorite food city, he responded, "New Orleans, hands down." No city has as many signature dishes, from gumbo and beignets to pralines and po' boys, from muffuletta and Oysters Rockefeller to king cake and red beans and rice. From 17th-century French to 19th-century Creole to 20th-century soul food, New Orleans' cuisine reflects the city's diverse cultural heritage. This book provides a comprehensive guide to the city's best restaurants, bars, and markets, as well as the history and culture of the city's food. It includes detailed maps and pull-out street plans, making it easy to find your way around.

Some Like It Hot Rising Star Chef 4 Louisa Edwards 2014-11-25 It's an order. So when a new chef thinks she can do things her way, and dares to say so to my face, even her sharp wit and gorgeous pouty lips don't make it okay. But I will not be denied. This is my kitchen, my brand, my love...and my life. I may not be the most popular chef in the world, but I am the best. And I will not be denied.

Some Like It Hot Rising Star Chef 5 Louisa Edwards 2016-04-15 Duke is a chef who has worked alongside coast-to-coast from some of the nation's leading restaurants documenting an intense 24-hour period that was his first professional kitchen job. He was a part of the kitchen crew at Chefs & Company, a restaurant where he learned the ropes of the culinary world. He wrote about his experiences in his memoir, "A Taste of the Best: The Complete Album of Recipes from a Master Chef." In this book, he shares his recipes and insights with readers, providing a glimpse into the world of professional cooking. Duke's beloved recipes have been featured in major publications such as the New York Times, and he has been a guest on several television cooking shows. His book is a must-read for anyone interested in the world of professional cooking.

Some Like It Hot Rising Star Chef 6 Louisa Edwards 2018-07-11 Now available in PDF format. DK Eyewitness Travel Guide: Spain is your indispensable guide to this beautiful country, with its vibrant cities, stunning landscapes, and rich history. From the coastal beauty of the Mediterranean to the mountainous regions of the Pyrenees, Spain is a land of contrasts, with a wealth of cultural and natural attractions. This guide includes detailed maps and pull-out street plans, making it easy to find your way around. It also features unique cutaways, floor plans, and reconstructions of the must-see sights, plus street-by-street maps of key cities and essential tips for making the most of your visit. Whether you're planning a trip to the country or a day trip to a nearby town, this guide will help you plan your perfect trip to Spain.