modular organization with new features to better prepare you for lab, maximize your learning, and reinforce important concepts. With an emphasis on clear, easy to follow figures (from the Martini Visual A&P text), a modular organization with new features to better prepare you for lab, maximize your learning, and reinforce important concepts. With an emphasis on clear, easy to follow figures (from the Martini Visual A&P text), a comprehensive, reader-friendly overview of kinesiology, laying a solid foundation for future learning and for working as a professional in any field relating to physical activity. This new edition builds on the book's hallmark strengths--art that teaches better, a reader-friendly and easy to use, and interactive elements such as quizzes and assignment tools, which reinforces key terms and concepts. This new edition reinforces readers' learning through both text and graphic features. Part I, Experiencing Physical Activity, provides an extensively rewritten introduction to the field of kinesiology and goes into greater detail on exercise and skilled movement. It also delves into physical activity participation patterns, updated information on the relevance of physical activity to daily living, and how various professionals in the field incorporate physical activity into their educational, developmental, and treatment programs. Part II, Scholarly Study of Physical Activity, with chapters on subdisciplines, has been reorganized and simplified, making those topics easier to comprehend. It includes greater coverage of physical education as a career pursuit and features chapters from several new collaborators, adding to the richness of the text's perspective and insight. Part III, Practicing a Profession in Physical Activity, includes a new chapter on careers in coaching and sport instruction and an updated chapter on therapeutic exercise, with information on careers in physical and occupational therapy. This new edition improves on the already-solid foundation of learning laid in the first edition. Its superior content and reasonable price make this text an ideal choice for undergraduate kinesiology courses.

Human Anatomy Laboratory Manual with Cat Dissections Elaine N. Marieb 2019-01-04 The one-semester human anatomy laboratory course. Everything students need for a successful lab experience With 30 exercises covering all body systems, a clear, engaging writing style, and full-color illustrations, Human Anatomy Laboratory Manual with Cat Dissections, 9th Edition provides everything needed for a successful lab experience. Visual Summary Tables present complex information, and "Why This Matters" boxes help students relate the lab activity to a real-life or clinical example. The 9th Edition features new Clinical Application Questions that challenge students to apply lab concepts and critical-thinking skills to real-world clinical scenarios. This new edition builds on the textbook's hallmark strengths--art that teaches better, a reader-friendly and easy to use, and interactive elements such as quizzes and assignment tools, which reinforces key terms and concepts. This new edition reinforces readers' learning through both text and graphic features. Part I, Experiencing Physical Activity, provides an extensively rewritten introduction to the field of kinesiology and goes into greater detail on exercise and skilled movement. It also delves into physical activity participation patterns, updated information on the relevance of physical activity to daily living, and how various professionals in the field incorporate physical activity into their educational, developmental, and treatment programs. Part II, Scholarly Study of Physical Activity, with chapters on subdisciplines, has been reorganized and simplified, making those topics easier to comprehend. It includes greater coverage of physical education as a career pursuit and features chapters from several new collaborators, adding to the richness of the text's perspective and insight. Part III, Practicing a Profession in Physical Activity, includes a new chapter on careers in coaching and sport instruction and an updated chapter on therapeutic exercise, with information on careers in physical and occupational therapy. This new edition improves on the already-solid foundation of learning laid in the first edition. Its superior content and reasonable price make this text an ideal choice for undergraduate kinesiology courses.