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City Chic Nina Willdorf 2009-03-01 Live the luxe life on less
You're a Modern Girl embarking on a fabulous life in the city, working hard and playing even harder. Money may be an object, but you refuse to let it be an obstacle. That's because what you may lack in funds you make up for in daring and desire. Completely revised with more tips and tricks than ever, City Chic is your practical insiders' primer on how to creatively cheat at being chic. From food and drink to personal maintenance, and from fashion to home décor, City Chic covers everything a Modern Girl needs to know. Big idea decorating for small spaces Cash-saving culinary tips The best websites for scoring deals Go green: save the environment and your checking account Maximize your iPod for fullparty potential Establish your perfectssignature cocktail PRAISE FOR CITY CHIC 'City Chic is constantly inventive, amazingly granular, and a blast to read.' Dany Levy, founder/chairman | Daily Candy, Inc. 'I love the book. If only I'd had it for the past ten years—it would've saved me lots of heartache, bad furniture, and most importantly, money... It gives you license to scrimp and pinch—and makes you feel more empowered to do so.' Gigi Guerra, brand marketing director of Madewell | former editor of Lucky magazine 'City chicks no longer need to turn tricks or sell dope in order to have a glamorous lifestyle—just read Nina's brilliant book.' Simon Doonan, creative director for Barneys New York | author of Confessions of a Window Dresser 'Being an 'it' girl has never been about how much cash you had in the bank, and now is the time to embrace your inner recessionista. Willdorf's book proves that being frugal and being fabulous are not mutually exclusive.' Lara Cohen, news director | Us Weekly Green is the New Black Tamsin Blanchard 2013-05-09 For girls who care about global warming, and next season's hot looks, Green is the New Black is a must-have accessory. Does our shopping addiction contribute to climate change? What's so special about organic cotton? Who are the real fashion victims behind the £3 jeans? From the truth about fast fashion to the best biodegradable shoes, from guilt-free spending sprees to the joys of swishing parties, Tamsin Blanchard is your guide to all things fairtrade and fabulous. She explains the principles of ethical fashion, from why it matters to how to do it. Offers tips for the aspiring green goddess: including how to knit your own scarf, seduction in eco-couture, the best places to shop for vintage
sunglasses, and ethical bling. And includes fun facts and essential directories on every aspect of sustainable stylish living. With fashion secrets from celebrity friends, Green is the New Black is the chicest, greenest survival manual around. If you want to change the world, and your wardrobe, don't go shopping without it.

**Animal, Vegetable, Miracle** Barbara Kingsolver 2009-10-13

Bestselling author Barbara Kingsolver returns with her first nonfiction narrative that will open your eyes in a hundred new ways to an old truth: You are what you eat. "As the U.S. population made an unprecedented mad dash for the Sun Belt, one carload of us paddled against the tide, heading for the Promised Land where water falls from the sky and green stuff grows all around. We were about to begin the adventure of realigning our lives with our food chain. "Naturally, our first stop was to buy junk food and fossil fuel. . . ." Hang on for the ride: With characteristic poetry and pluck, Barbara Kingsolver and her family sweep readers along on their journey away from the industrial-food pipeline to a rural life in which they vow to buy only food raised in their own neighborhood, grow it themselves, or learn to live without it. Their good-humored search yields surprising discoveries about turkey sex life and overly zealous zucchini plants, en route to a food culture that's better for the neighborhood and also better on the table. Part memoir, part journalistic investigation, Animal, Vegetable, Miracle makes a passionate case for putting the kitchen back at the center of family life and diversified farms at the center of the American diet. "This is the story of a year in which we made every attempt to feed ourselves animals and vegetables whose provenance we really knew . . . and of how our family was changed by our first year of deliberately eating food produced from the same place where we worked, went to school, loved our neighbors, drank the water, and breathed the air." Includes an excerpt from Flight Behavior.

**Eco-chic** Sandy Black 2008

Eco-Chic: The Fashion Paradox is an examination of the relationship between fashion and environmental awareness - combating the universal reputation of eco-fashion as wholesome, un-dyed, shapeless and itchy. A new wave of sustainable shopping, affordable clothing, and ecological thinking has allowed eco-designers to create high-end, design-led collections rather than merely environmentally sympathetic garments. Eco-Chic: The Fashion Paradox aims to address the...
preconceived idea of eco-fashion as a compromise in style and quality and places eco-fashion where it belongs at the forefront of design. Eco-fashion is changing its image from dowdy and well meaning to genuinely desirable and Eco-Chic: The Fashion Paradox is an analysis of fashion and ethical practice as the naked truth behind the clothes we wear is exposed.

Yoga Journal 2007-12 For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Body & Soul (Watertown, Mass.) 2008
Simply Charming Christie Matheson 2012-06-05 Simply Charming is a fun, fabulous book all about compliments—their history, how to use them, and how to take them. Learn how to use winning words in a wide variety of situations, from chatting with a new acquaintance to interviewing for a job. Couples and singles will also benefit from the section on compliments between lovers—whether you’re initiating a first date or celebrating your fiftieth wedding anniversary, everyone appreciates a kind word from their partner. A sincere statement of your feelings, a well-timed gift, or even just a friendly smile can go above and beyond to make someone happy. And with this beautiful, witty guide, you can do just that.

My First Ladies Nancy Clarke 2014-05-10 "My First Ladies" reveals little stories and details of what it’s like to be behind the scenes at the White House during six different presidential administrations.

Eco Fashion Kirsten Diekamp 2010
Storie di brunch. Racconti e ricette per gustare e condividere la domenica in compagnia Simone Rugiati 2010
Indianapolis Monthly 2008-05 Indianapolis Monthly is the Circle City’s essential chronicle and guide, an indispensable authority on what’s new and what’s news. Through coverage of politics, crime, dining, style, business, sports, and arts and entertainment, each issue offers compelling narrative stories and lively, urbane coverage of Indy’s cultural landscape.

Green Consumption Bart Barendregt 2014-02-27 Green lifestyles and ethical consumption have become increasingly popular strategies in moving towards environmentally-friendly societies and combating global poverty. Where previously environmentalists saw excess consumption as central to the problem, green consumerism now places consumption at the heart of the solution. However, ethical and sustainable consumption are also important forms of central to the creation and maintenance of class distinction. Green Consumption scrutinizes the emergent phenomenon of what this book terms eco-chic: a combination of lifestyle politics, environmentalism, spirituality, beauty and health. Eco-chic connects ethical, sustainable and elite consumption. It is increasingly part of the identity kit of certain sections of society, who seek to combine taste and style with care for personal wellness and the environment. This book deals with eco-chic as a set of activities, an ideological framework and a popular marketing strategy, offering a critical examination of its manifestations in both the
global North and South. The diverse case studies presented in this book range from Basque sheep cheese production and Ghanaian Afro-chic hairstyles to Asian tropical spa culture and Dutch fair-trade jewellery initiatives. The authors assess the ways in which eco-chic, with its apparent paradox of consumption and idealism, can make a genuine contribution to solving some of the most pressing problems of our time.

Little Green Dresses Tina Sparkles 2010 Author Sparkles offers up an array of project ideas that are both earth- and user-friendly. She includes 50 original patterns for repurposed dresses, tops, skirts, and more. Included are sewing and shopping resources and a fitting guide.

Eco-Beautiful Lina Hanson 2009-05-12 The eco-friendly and organic segment of the personal care market is the fastest growing in North American cosmetics—increasing by 30 percent every year! For the millions of women who seek a more natural, holistic beauty regimen, as well as those with sensitive or problem skin, this gorgeous, full-color book is an indispensable guide to beauty products that are not only good to the earth but also kind to the skin. In Eco-Beautiful, Hollywood makeup artist Lina Hanson reveals the techniques and products she uses to create stunning looks for celebrity clients such as Natalie Portman, Ellen DeGeneres, Mandy Moore, and Naomi Watts using eco friendly cosmetics. She describes in detail: - an easy-to-follow skin care regimen for fresh, glowing skin - the ingredients to seek out in a product, and the ones to avoid - quick and easy application tips to make eyes pop, lips pout, and cheeks glow - green recipes for her signature daytime and evening looks, from “Business Chic” to “Sexy Vixen” - makeup techniques inspired by the four seasons, as well as looks tailored to a woman's age and lifestyle

Cake Simple Christie Matheson 2011-10-21 “The 50 recipes cover the basics . . . but it also dances into less familiar territory . . . a bright, creative, well-edited little collection of recipes.” —Kitchn Bundt-style cakes appeal to everyone busy home bakers appreciate how simple they are to make, and cake lovers adore the endless (and delicious!) variety of shapes and forms they can take. This collection of more than fifty recipes delivers retro fun with a sophisticated spin, offering everything from nostalgia-inducing classics and decadent indulgences to adorable minis and even vegan versions of this eponymous treat. Enticing photos throughout showcase these whimsical, irresistible desserts and will have anyone with sweet cravings begging for this circular sensation! “In the most recent of Chronicle’s gift-worthy single-subject cookbook comes a focus on Bundt cakes, by Matheson. With 50-plus recipes divided into four chapters for regular and mini-size cakes, this collection includes modern-day versions of classics.” —Publishers Weekly

The New 50 Simple Things Kids Can Do to Save the Earth EarthWorks Group 2009-05-01 In The New 50 Simple Things Kids Can Do to Save the Earth, Sophie and John have revised the original best-selling book for a concerned and vibrant Web 2.0 youth market. It's easy-to-do and kid-friendly projects show that kids can make a difference, and each chapter is packed with tons of links to groups and resources. What makes this book stand out, though, is that it doesn't just inform kids, it encourages them to make a difference by providing them, their friends and their families the tools to take action. Together, John and Sophie enlighten, educate, and encourage our children with easy and smart ways to save the earth. Pretty darn cool, huh? We thought so. What you can do: Order now and help save the only earth we've got. Mother Earth needs our help now.

Ethical Consumption Tania Lewis 2013-01-11 A not-so-quiet revolution seems to be occurring in wealthy capitalist societies - supermarkets selling ‘guilt free’ Fairtrade products; lifestyle TV
gurus exhorting us to eat less, buy local and go green; neighbourhood action groups bent on ‘swopping not shopping’. And this is happening not at the margins of society but at its heart, in the shopping centres and homes of ordinary people. Today we are seeing a mainstreaming of ethical concerns around consumption that reflects an increasing anxiety with - and accompanying sense of responsibility for - the risks and excesses of contemporary lifestyles in the ‘global north’. This collection of essays provides a range of critical tools for understanding the turn towards responsible or conscience consumption and, in the process, interrogates the notion that we can shop our way to a more ethical, sustainable future. Written by leading international scholars from a variety of disciplinary backgrounds - and drawing upon examples from across the globe - Ethical Consumption makes a major contribution to the still fledgling field of ethical consumption studies. This collection is a must-read for anyone interested in the relationship between consumer culture and contemporary social life.

**The Publishers Weekly** 1892

A Moda num Mundo Global Isabel Cantista 2011-05-01 Sendo a moda um fenómeno global, este livro tem como objectivo ajudar à compreensão deste fenómeno nas suas variadas vertentes, numa perspectiva internacional. O livro contém as reflexões de professores e investigadores de todo o mundo, e de várias áreas do saber. Numa abordagem pluridisciplinar e democrática, o livro dá voz a professores consagrados, mas também a jovens investigadores, procurando contribuir para ultrapassar as dificuldades que, muitas vezes, estes encontram, ao tentar publicar os resultados do seu trabalho. A obra destina-se, em primeiro lugar, a gestores e profissionais do munda da moda que pretendam aprofundar as raízes deste fenómeno e ter uma perspectiva actual do que se passa na indústria e no retalho, a nível global. O livro é coordenado por Isabel Cantista, Francisco Vitorino Martins, Paula Rodrigues, Maria Helena Villas Boas

**Organic, Shaken and Stirred** Paul Abercrombie 2009 This collection features 100 eco-friendly, organic cocktails from the trendiest bars and nightclubs across the country, along with a few new creations by the author. Enjoy the Voluptuous (culled from the Grand Pu Bah restaurant in San Francisco), organic strawberry muddled with organic gin, agave nectar, organic egg white, and a splash of absinthe. The Lunacy (from the Royalton in New York City) gets two green thumbs up for its mixture of organic blackberries, lemon juice, organic simple syrup, organic reposado tequila, Lillet Blanc, and açai spirit. And then there’s the sublime yet simple Au Provence (from Eastern Standard in Boston), made with tarragon-infused organic simple syrup, organic vodka, and lime juice. In addition to the drink recipes, there’s also a thorough introduction to today’s producers of organic vodka, gin, tequila, and other spirits—a new generation of small-scale producers who believe in sustainable agriculture, traditional methods, and environmentally sound practices. Learn how to set up a green bar, with tips on ingredients, techniques, and equipment. Gorgeous color photos throughout demonstrate the diversity and deliciousness of these eco-friendly cocktails.

**The Eco Chick Guide to Life** Starre Vartan 2008-08-19 SAVE THE WORLD IN STYLE! Lower your carbon footprint—in your favorite pair of stilettos—with THE ECO CHICK GUIDE TO LIFE. Here you’ll find hundreds of ideas on how to be ecologically smart and still be stylish and trend-setting. You don’t have to sacrifice to...
go green—you can eat well, dress well, and live well once you learn how to: Learn where to shop for vintage and recycled jewelry (mining practices for gold and silver are notoriously polluting). Wear sustainable threads—organic cotton, peace silk, bamboo—or look for funky reconstructed designs made from vintage fabrics. Find shoes made from naturally tanned and dyed leather, hemp, or made from recycled materials...that still look incredibly chic. Party it up with the planet in mind! Make your next fiesta fabulous with organic beverages, seasonal food from the farmer's market, and more. Pretty-up with organic, biodegradable hair products, body washes, moisturizers, and make-up—better for you and the planet's water supplies! We'll explain why and what to look for. How to earn points while convincing your boss to go green in your office. Travel green and still see the world in style! Save cash with some Earth-loving swaps around your apartment, dorm or house. ...and more. Let these and other easy-to-follow, fun and fashionable tips help you to feel great while doing good. You and Mother Nature will look fabulous! This book is printed on recycled paper.

Cheap Chic Caterine Milinaire 2015 With a new introduction and timeless tips and tricks, the ultimate fashion bible beloved by designers and fashion lovers alike is back in print. As this cult classic style guide shows, fashion isn’t just for the elite. Whether you’re a lover of designer labels or a master thrifter, this book is about cultivating your personal style on any budget. Cheap Chic covers all of the basics, and provides advice for stocking up on must-have items such as button-downs, t-shirts, denim, and one-of-a-kind vintage pieces. Readers will also be inspired by the vintage photos showcasing timeless styles as well as iconic pieces worn by the celebrities that inspired them. Packed with style ideas, shopping tips, and ways to cultivate your unique look, Cheap Chic is a go-to for fashion inspiration.

Bright Green Lies Derrick Jensen 2021-03-16 “This disturbing but very important book makes clear we must dig deeper than the normal solutions we are offered.”—Yvon Chouinard, founder of Patagonia Works “Bright Green Lies exposes the hypocrisy and bankruptcy of leading environmental groups and their most prominent cheerleaders. The best-known environmentalists are not in the business of speaking truth, or even holding up rational solutions to blunt the impending ecocide, but instead indulge in a mendacious and self-serving delusion that provides comfort at the expense of reality. They fail to state the obvious: We cannot continue to Wallow in hedonistic consumption and industrial expansion and survive as a species. The environmental debate, Derrick Jensen and his coauthors argue, has been distorted by hubris and the childish desire by those in industrialized nations to sustain the unsustainable. All debates about environmental policy need to begin with honoring and protecting, not the desires of the human species, but with the sanctity of the Earth itself. We refuse to ask the right questions because these questions expose a stark truth—we cannot continue to live as we are living. To do so is suicidal folly. ‘Tell me how you seek, and I will tell you what you are seeking,’ the German philosopher Ludwig Wittgenstein said. This is the power of Bright Green Lies: It asks the questions most refuse to ask, and in that questioning, that seeking, uncovers profound truths we ignore at our peril.”—Chris Hedges, Pulitzer Prize-winning journalist and author of America: The Farewell Tour

Generation Green Linda Sivertsen 2008-08-05 We all know about the Earth's environmental crisis, but there is someone who can truly make a difference: you. If you text your friends or chat with them online, download music to your iPod, or toss bottles and papers into recycling bins, you’re already more eco-savvy than you think. It’s just as easy to do even more to help save the earth, and Generation Green shows you how. This book: Lays out the inside scoop on the biggest issues affecting our planet, such as global warming and overflowing landfills Offers dozens of tips on how to shop, dress, eat, and travel the green way Includes
interviews with teens like you who are involved with fun, innovative green causes. Shows that being environmentally conscious can be a natural part of your life -- and your generation's contribution to turning things around. It doesn't matter if you can't vote or drive. Your efforts -- big or small -- will contribute to saving the planet. It's time for all of us to take action. It's time to go green!

*The Scavengers' Manifesto* Anneli Rufus 2009-03-19 Destined to become the bible for a bold new subculture of eco-minded people who are creating a lifestyle out of recycling, reusing, and repurposing rather than buying new. An exciting new movement is afoot that brings together environmentalists, anticonsumerists, do-it-yourselfers, bargain-hunters, and treasure-seekers of all stripes. You can see it in the enormous popularity of many websites: millions of Americans are breaking free from the want-get-discard cycle by which we are currently producing approximately 245 million tons of waste every day (that's 4.5 pounds per person, per day!). In The Scavengers' Manifesto, Anneli Rufus and Kristan Lawson invite readers to discover one of the most gratifying (and inexpensive) ways there is to go green. Whether it's refurbishing a discarded wooden door into a dining-room table; finding a bicycle on freecycle.org; or giving a neighbor who just had a baby that cute never-used teddy bear your child didn't bond with, in this book Rufus and Lawson chart the history of scavenging and the world-changing environmental and spiritual implications of "Scavenomics," and offer readers a framework for adopting scavenging as a philosophy and a way of life.

*The Art of the Compliment* Christie Matheson 2009-06-23 A few well-chosen words can elicit smiles, inspire happiness, transform moods, and turn a bad day into a good one. Philosopher William James once said, “The deepest principle in human nature is the desire to be appreciated.” This is a fun, fabulous, reader-friendly book all about compliments—the history of compliments, how to use them, best-loved compliments, and how to take them. *Give a Sh*t* Ashlee Piper 2018-06-26 "The time for stepping up and protecting our planet is now. And this book is an easy, enjoyable place to start." -- Moby It's time to put your good intentions into action. It's time to give a shit -- about your health, your footprint, and your planet. Give a Sh*t guides you through the transition to a kinder, healthier, more conscious, and sustainable life like no book has done before. With a humorous and nonjudgmental tone, savvy eco-friendly lifestyle expert Ashlee Piper walks you through easy-but-impactful shifts anyone can make to live and be better every damn day: In your home - Room-by-room guidance and tactics for a chic, affordable, sustainable living space, no matter where or how you live In the kitchen - 20+ unfussy, quick, and delicious plant-based recipes for every life occasion, from pantry staples like White Witch Almond Milk to exciting everyday fare like Walnut Chorizo Tostadas to kick-ass desserts like Jamocha Silk Pie In your closet - Advice for building a polished, ethical wardrobe in a world of fast fashion In the mirror - Beauty and grooming tips and DIY products (from skin care to foundation to, ahem, ladytime provisions) that are safer, natural, cruelty-free, and, best of all, effective In the wild - How to maintain your values (and your moxie) at work, in your social life, and when abroad Give a Sh*t isn't a manual of restrictions -- it's a practical handbook that meets you where you are and finally harmonizes doing good with living well.

*The Secondhand Wardrobe* Cheryl Gorn 2011-01 The Secondhand Wardrobe is a short introductory guide to chasing down the best used clothing deals. Read it and learn how to tell the treasures from the items that should be left on the rack. Find out why large thrift stores offer more diverse style options than large department stores and why new and barely worn clothes wind up being sold secondhand. Get pointers on how to organize your hunt for maximum efficiency and also get a fresh perspective on
why many people feel uncomfortable buying and wearing used clothing. Learn to care for your bargains and find out which "dry clean only" items can be washed by hand, or even better, tossed into the washing machine. Finally, get information about how shopping secondhand is the greenest way to go.

**Ecopiety** Sarah McFarland Taylor 2019-11-12 Tackles a human problem we all share—the fate of the earth and our role in its future Confident that your personal good deeds of environmental virtue will save the earth? The stories we encounter about the environment in popular culture too often promote an imagined moral economy, assuring us that tiny acts of voluntary personal piety, such as recycling a coffee cup, or purchasing green consumer items, can offset our destructive habits. No need to make any fundamental structural changes. The trick is simply for the consumer to buy the right things and shop our way to a greener future. It’s time for a reality check. Ecopiety offers an absorbing examination of the intersections of environmental sensibilities, contemporary expressions of piety and devotion, and American popular culture. Ranging from portrayals of environmental sin and virtue such as the eco-pious depiction of Christian Grey in Fifty Shades of Grey, to the green capitalism found in the world of mobile-device “carbon sin-tracking” software applications, to the socially conscious vegetarian vampires in True Blood, the volume illuminates the work pop culture performs as both a mirror and an engine for the greening of American spiritual and ethical commitments. Taylor makes the case that it is not through a framework of grim duty or obligation, but through one of play and delight, that we may move environmental ideals into substantive action.

**Eco-Chic Weddings** Emily Elizabeth Anderson 2007-01-02 Add Style to Your Wedding and Stay True to Your Beliefs Planning your wedding can be the best time to be eco-friendly. The wedding industry has a huge impact on the global economy and the environment, as wedding parties spend over $125 billion a year in the U.S. alone. Eco-Chic Weddings presents the quick, simple, and easy-to-follow tips you need to make your wedding socially responsible. This indispensable guide gives you the choice, comfort, and chance to share your own unique style for a truly memorable wedding. Going green doesn’t mean you need to spend the green. Eco-Chic Weddings provides all the resources you need to create your environmentally friendly and fun celebration on a budget, such as: * Use in-season flowers to save on price and reduce the environmental cost of shipping in non-local flowers. * Skip the save-the-date card and save some trees—and a lot of hassle. * Don’t purchase items you will only use at the wedding; instead, invest in dresses, shoes, or glassware you will alter and reuse. From the location to the dress to the menu, there are dozens of easy ways to make your wedding beautiful and still reflect your personal beliefs in sustainable living. Eco-Chic Weddings will show you how to craft your perfect day.

**GameAxis Unwired** 2008-01 GameAxis Unwired is a magazine dedicated to bring you the latest news, previews, reviews and events around the world and close to you. Every month rain or shine, our team of dedicated editors (and hardcore gamers!) put themselves in the line of fire to bring you news, previews and other things you will want to know.

**Green Chic** Christie Matheson 2008-03-01 “Matheson slyly steers us toward consumer goods and services that minimize our earth-stomping human footprint. She's brave enough to say 'buy less of everything,' and even the politically fraught 'buy nothing.' Matheson's genius is to make this seem not only doable, but fun."
- Elizabeth Royte, author of Garbage Land and Bottlemania

Want to go green without giving up great style? Welcome to the world of Green Chic. Choosing to be green makes a real difference in the fight against global warming. But did you know that it's also hip, classic and stylish? Offering up dozens of author-tested, earth-friendly ideas, writer Christie Matheson reveals that being
chic and saving the planet aren't mutually exclusive. Embrace the fabulousness of green living and you can: - Look gorgeous - Have a killer wardrobe - Feel amazing - Travel in style - Create a home that's an oasis - Host fun parties - Eat incredible food and drink phenomenal wine ... All while feeling more connected to your friends, family and nature. (And did we mention that green women don't get fat?) Printed on recycled paper, with a portion of its proceeds going to a green cause, Green Chic is the perfect book for style-savvy readers with a green heart. Can living a chic green lifestyle TRULY make a difference to the planet? You bet your organic cotton sheets it can. Buying into the Green Chic movement doesn't mean you need to buy more stuff. Avoid products that purport to be green just for the marketing effect: "organic" processed foods; huge, gas-guzzling hybrid SUVs; clothes boasting that they're green just because they're made from "natural" cotton. Claiming to be green is trendy and companies out there are taking advantage. Don't believe all the hype. 10 GREEN CHIC-AND EASY-WAYS TO MAKE A DIFFERENCE - Ditch bottled water: refill a sassy thermos. - Pop little purchases in your purse, not a shopping bag. - Sip biodynamic wine. - Choose cashmere, not acrylic. - Let your hair air dry for a while before you blow dry: less frizz, less energy consumed. - Unplug (and put away) unsightly cell phone chargers. - Opt for quality over quantity in everything you buy. - Cut down on clutter. - Limit your consumption of anything packaged in plastic. - Support local designers. BUT REMEMBER: Don't go out and replace everything you own, from your makeup to your wardrobe to your furniture, with (theoretically) ecofriendly products. Being ecofriendly means consuming less, not more. Get in the habit of thinking before you buy. The best time to purchase ecofriendly goods is when you need them. That's when you're in a position to make a choice and express yourself as a green consumer. Being Green isn't a fad ... it's timelessly chic.

**Body and Soul** 2008-07

50 Simple Things You Can Do to Save the Earth John Javna

2008-04-01 Together, We Can Make a Difference Today's environmental problems may seem too overwhelming for one person to tackle ... but you don't have to do it alone. Now you have partners--50 of them. 50 Simple Things You Can Do to Save the Earth, the revolutionary 1990 bestseller, is back in a completely revised, updated edition ... and it's just as innovative and groundbreaking as the original. The authors have teamed up with 50 of America's top environmental groups, including The Natural Resources Defense Council, the National Wildlife Federation, and Rainforest Action Network. Each group has chosen one issue and provided a simple, step-by-step program that will empower you and your family to become citizen activists in the fight to save the Earth. It's easy to get started. Just pick one! Fight global warming "one city at a time" with the Sierra Club's Cool Cities Campaign Roll up your sleeves and save an endangered species with the Wilderness Society Protect coral reefs and create a marine reserve with Seacology Get your congregation excited about protecting God's creations with Interfaith Power and Light Invite songbirds into your neighborhood with the National Audubon Society All it takes is a little effort. When we work together, we can work miracles! Get started now!

**Fallen Forests** Karen L. Kilcup 2013-05-01 In 1844, Lydia Sigourney asserted, "Man's warfare on the trees is terrible." Like Sigourney many American women of her day engaged with such issues as sustainability, resource wars, globalization, voluntary simplicity, Christian ecology, and environmental justice. Illuminating the foundations for contemporary women's environmental writing, Fallen Forests shows how their nineteenth-century predecessors marshaled powerful affective, ethical, and spiritual resources to chastise, educate, and motivate readers to engage in positive social change. Fallen Forests
contributes to scholarship in American women's writing, ecofeminism, ecocriticism, and feminist rhetoric, expanding the literary, historical, and theoretical grounds for some of today's most pressing environmental debates. Karen L. Kilcup rejects prior critical emphases on sentimentalism to show how women writers have drawn on their literary emotional intelligence to raise readers' consciousness about social and environmental issues. She also critiques ecocriticism's idealizing tendency, which has elided women's complicity in agendas that depart from today's environmental orthodoxies. Unlike previous ecocritical works, Fallen Forests includes marginalized texts by African American, Native American, Mexican American, working-class, and non-Protestant women. Kilcup also enlarges ecocriticism's genre foundations, showing how Cherokee oratory, travel writing, slave narrative, diary, polemic, sketches, novels, poetry, and expos intervene in important environmental debates. Body & Soul 2009-07
Eco Chic Matilda Lee 2007-11-30 The hottest trend on the catwalk is ethical clothing. Top fashion designers and spokesmodels including Katharine Hamnett, Stella McCartney and Bono's wife Ali Hewson are all voicing the benefits of eco chic. But what is this new fad, and what difference can it make to the world? "Eco Chic" gives you the full story on this fashion phenomenon, from which fabrics are harmful to the environment, to how you can create your own eco-friendly fashions through recycling and savvy shopping. You will discover how to spot and avoid garments produced in sweatshops and why supermarket 'fast clothes' make both you and the planet sick. This book will allow you to look great but also feel good about your impact on other people and the planet as a whole.