The Sport Psychologist’s Handbook (Joeseph, Joseph M. 2006-02-01) A practical handbook for sports psychologists that outlines the most effective interventions for athletes across a variety of sports. A practical manual for the growing field of sport psychology, this handbook helps today’s athletes to understand the latest psychological principles and practices. It includes specific guidance and techniques for addressing a range of athlete issues, from performance enhancement to personal development.

The Sport Psychology of Coaching (Tate, Barry L. 2007-05-01) This book offers a comprehensive guide to the psychology of coaching, covering both theoretical and practical aspects. It provides coaches with a solid understanding of the psychological principles that underpin effective coaching.

Nutrition and Sports Performance (Gómez-Ruano, Miguel A. 2021-10-27) This is the first book exploring the concept of home advantage (HA), the well-known beneficial effect that players and teams derive from having their own fans around when playing their competitors. The book provides a broad review of HA divided into three different sections. It includes comprehensive reviews of the literature, the psychological processes underlying HA, and effective strategies to improve HA.


Sociology of Sport Management (Mowen, Alan J. 2021-07-29) Keeping pace with the rapidly evolving field of sport management, Contemporary Sport Management introduces the critical terminology and concepts in sport management, while relating them to a thoroughly updated seventh edition. Over 35 contributors provide a diverse array of cultural and educational backgrounds, deliver a complete and contemporary overview of the field, and feature color graphics and photographs that enhance the learning experience.

Contemporary Sport Management (Mowen, Alan J. 2021-07-29) This book offers a comprehensive guide to the sociology of sport management, covering both theoretical and practical aspects. It provides readers with a solid understanding of the sociological principles that underpin effective sport management.

Cricket Coaching Guide Special Olympics (2011) This book is a practical guide for cricket coaches working with athletes with intellectual disabilities. It includes practical advice on how to adapt playing drills, training methods, and match play to suit their needs and abilities. It also provides guidance on how to incorporate physical activity and exercise into their training programs.

Sports Media and Media Economics: Understanding Media Influence (Jeffreys, Ian 2021-03-30) An effective strength and conditioning program is an essential component of the preparation of any athlete or sportsperson. Routledge Handbook of Strength and Conditioning is vital reading for all strength and conditioning students and an invaluable reference for strength and conditioning coaches and trainers.

Introduction to Coaching Theory (Elliott, J. Thompson 2019) Successful Coaching reveals sports management in action, showing how good management helps us to deliver better sports participation, at all levels. This book is a must for undergraduates as well as an invaluable tool for coaches and practitioners.

The Talent Identification and Development (TID) model (2011) is designed to promote critical thinking and demonstrate understanding of chapter content. Related student learning activities and recommended articles are now delivered through HKPropel. These are designed to help students better understand the course material and apply it in real-world situations.

The World Book Encyclopedia (2021) The World Book Encyclopedia is a comprehensive reference work that covers a wide range of topics, from history and science to sports and entertainment. It is designed to provide readers with a broad understanding of various subjects and to help them develop a deeper appreciation for the world around them.

Introducing Optimization Methods in Decision Making (2011) This book provides a comprehensive introduction to optimization methods, including linear programming, dynamic programming, and network optimization. It covers the fundamental concepts and techniques of optimization and demonstrates their application in various fields, such as economics, engineering, and management.

Trainability Across the Life Span (2011) A practical manual for the growing force of sports psychologists helping today’s athletes to understand the latest psychological principles and practices. It includes specific guidance and techniques for addressing a range of athlete issues, from performance enhancement to personal development.