Upton Sinclair was seemingly everywhere: forming Utopian artists’ colonies, funding and producing Sergei Eisenstein’s film documentaries, and perhaps most notably, authoring The Jungle. Published in 1906, this exposé of the conditions in the meatpacking industry electrified the American public and contributed to the passage of the Pure Food and Drug Act and the Meat Inspection Act. Anthony Arthur weaves the strands of Sinclair’s contentious public career and his often-troubled private life into a compelling personal narrative. An unassuming teetotaler with a fiery streak, called a propagandist by some, the most conservative of revolutionaries by others, Sinclair was supremely human. In Radical Innocent: Upton Sinclair, Anthony Arthur offers an engrossing and enlightening narrative. An unassuming teetotaler with a fiery streak, called a propagandist by some, the most conservative of revolutionaries by others, Sinclair was supremely human. In Radical Innocent: Upton Sinclair, Anthony Arthur offers an engrossing and enlightening narrative. An unassuming teetotaler with a fiery streak, called a propagandist by some, the most conservative of revolutionaries by others, Sinclair was supremely human. In Radical Innocent: Upton Sinclair, Anthony Arthur offers an engrossing and enlightening narrative.
signature is your spiritual DNA—it is who you are at your core, the most authentic part of you, your singular contribution to this world. And yet we reject our authentic selves. We allow our soul signature to become blocked by any number of emotional obstacles that life throws in our path: anger, fear, guilt, shame, sadness, despair. Any or all of these feelings overtake us and create a density, a heaviness that doesn’t permit us to embrace who we really are, deep inside. We are energetic beings, Panache Desai reminds us, and emotions are energy in motion. When we are blocked we feel unworthy, less than, unloved, incomplete. In Discovering Your Soul Signature, Panache invokes us on a 33-day path of meditations—short passages to be read at morning, noon, and night that are designed to dismantle the emotional burden that holds us back and open us up to changing our lives. Through this distillated, poetic, practical, and inspiring course, he invites us to live a life of authenticity, to rediscover purpose and passion, and to believe from our soul the possibility of all things.

Shake Hands With the Devil: The Story of Romeo Dallaire

In this role, Nada was charged with determining if Iraq had a relationship with 9/11. She went in search of a What to Expect...